

NURSERY

HARI OM!

Dear Parents,

**“Health is wealth.”**

We here in Chinmaya Vidyalaya promote healthy eating habits and to inculcate such habits in our young ones, we are organizing a ‘Health Week’ from 3.10.16-7.10.16. Parents are requested to follow the mentioned health menu below:-

03.10.16 Vegetable Pulao

04.10.16 Stuffed Parantha

05.10.16 Any paneer dish/ Soyabean + Chappati

06.10.16 Green vegetable + Chappati

07.10.16 Vegetable sandwich with brown bread