

**CHINMAYA VIDYALAYA, NEW DELHI**  
**SYLLABUS (2022-23)**  
**CLASS VII**

**ENGLISH**

APRIL	Honeycomb: L-1 Three Questions Writing Skills: Notice Writing Grammar: Integrated Grammar Exercises based on BBC
MAY	Honeycomb: Poem- The Rebel Supplementary Reader: L- 1 The Tiny Teacher Writing Skills: Diary Entry Grammar: Integrated Grammar Exercises based on BBC.
JULY	Honeycomb: L-3 Gopal and the Hilsa Fish Supplementary Reader: L- 2 Bringing Up Kari Writing Skills: Letter Writing (Informal) Grammar: Integrated Grammar Exercises based on BBC.
AUGUST	Honeycomb: Poem –Chivvy Writing Skills-: Letter Writing (Formal) Grammar-: Active- Passive Voice Integrated grammar exercises based on BBC.
SEPTEMBER	Supplementary Reader: L- 7 Chandni Writing Skills-: Letter Writing (Formal) Grammar: Active- Passive Voice (contd) Integrated grammar exercises based on BBC.
OCTOBER	Honeycomb: L-9 A Bicycle in Good Repair Supplementary Reader: L- 8 The Bear Story Writing Skills: Dialogue Writing Grammar:

	Integrated grammar exercises based on BBC.
NOVEMBER	Honeycomb: L- 7 – The Invention of Vita Wonk Supplementary Reader: L- 9 A Tiger in the House Grammar-: Types of Sentences Integrated grammar exercises based on BBC.
DECEMBER	Honeycomb: Poetry- Dad and The Cat and The Tree Writing Skills: Factual Description (People and Place) Grammar-: Integrated grammar exercises based on BBC.
JANUARY	Honeycomb: L 2- A Gift of Chappals Poetry- Meadow Surprises Supplementary Reader: L- 10 An Alien Hand Grammar-: Integrated grammar exercises based on BBC.
FEBRUARY	Revision Grammar: Integrated grammar exercises based on BBC.

## हिंदी

अप्रैल	वसंत - पाठ-१ हम पंछी उन्मुक्त गगन के बाल महाभारत - प्रस्तावना, महाभारत की रचना, भांतनु, देवव्रत व्याकरण - पाठ-१ भाषा और व्याकरण अपठित गद्यांश
मई	वसंत - पाठ-२ दादी माँ, पाठ-४ कठपुतली बाल महाभारत - धृतराष्ट्र और पांडु, कृष्ण-जन्म, कौरव और पांडव राजकुमार व्याकरण - पाठ-२ वर्ण-विचार अनुच्छेद-लेखन
जुलाई	वसंत - पाठ- पाठ-५. मिठाईवाला बाल महाभारत - कर्ण, द्रोण, लाक्षागृह व्याकरण - पाठ-४ शब्द-विचार, पत्र- औपचारिक, अपठित गद्यांश
अगस्त	वसंत- पाठ १० अपूर्व अनुभव बाल महाभारत - भीम-हिडिंबी विवाह, बकासुर, द्रौपदी, इंद्रप्रस्थ व्याकरण - पाठ-६ शब्द-रचना (उपसर्ग- प्रत्यय), पत्र- अनौपचारिक,

सितंबर	वसंत - पाठ-११ रहीम के दोहे बाल महाभारत -जरासंध,राजसूय यज्ञ,द्यूतक्रीड़ा व्याकरण - पाठ-७ संज्ञा तथा संज्ञा के विकार (लिंग,वचन)
अक्टूबर	वसंत - पाठ-१३ एक तिनका (कविता) बाल महाभारत -बारह-वर्षीय वनवास,मायावी जलाय,तेरहवाँ वर्ष,“मैं युद्ध नहीं भांति चाहता हूँ“ व्याकरण - पाठ-३ संधि (दीर्घ, गुण संधि) पाठ-८ सर्वनाम
नवंबर	वसंत- पाठ-१४ खानपान की बदलती तसवीर, पाठ-१६ भोर और बरखा बाल महाभारत - युद्ध की तैयारी, अठारह-दिवसीय युद्ध, भीष्म पितामह व्याकरण - पाठ-९ विशेषण,पाठ-१० क्रिया तथा काल
दिसंबर	वसंत - पाठ-१५ नीलकंठ बाल महाभारत - अभिमन्यु-वध, अर्जुन का प्रति शोध और द्रोण की मृत्यु, कर्ण की मृत्यु व्याकरण- पाठ-१२ अविकारी शब्द, अनुच्छेद लेखन, पत्र- औपचारिक,
जनवरी	वसंत - पाठ-१७ वीर कुँवर सिंह बाल महाभारत - दुर्योधन की मृत्यु, हस्तिनापुर की ओर प्रस्थान, इंद्रलोक की ओर व्याकरण- पाठ-१४ विराम चिह्न
फरवरी	पुनरावृत्ति

विशय	अप्रैल- मई	जुलाई- अगस्त	अक्टूबर- नवंबर	दिसंबर- जनवरी
पर्यायवाची शब्द	१-१५	१६-३०	३१-४५	४६-६०
विलोम शब्द	१-१९	२०-३८	३९-५७	५८-७६
अनेकार्थी शब्द	१-११	१२-२२	२३-३३	३४-४५
वाक्यांश के लिए एक शब्द	१-१२	१३-२४	२५-३६	३७-५०
श्रुतिसमभिन्नार्थक शब्द	१-९	१०-१८	१९-२७	२८-३६
मुहावरे	१-६	७-१२	१३-१८	१९-२५
लोकोक्तियाँ	१-६	७-१२	१३-१८	१९-२५

अप्रैल	<p>संस्कृतिः - पाठ-१ वार्तालापः  व्याकरणम् - चित्रवर्णनम्, संस्कृत अनुवाद ।</p> <ul style="list-style-type: none"> <li>● शब्द-रूप- बालकवत्, फलवत्</li> <li>● धातुरूप- अस, गम् (लट्, लृट् लकार)</li> </ul>
मई	<p>संस्कृतिः- पाठ-१० मम दिनचर्या  व्याकरणम्- अपठितगद्यांशः, चित्रवर्णनम्, संस्कृत-अनुवादः,  संख्या (१-३०)</p> <ul style="list-style-type: none"> <li>● शब्द-रूप- लतावत्</li> <li>● धातुरूप- चल, रक्ष, भू, (लट्, लृट्, लङ् लकार)</li> </ul>
जुलाई	<p>संस्कृतिः- पाठ-२ लङ् लकारः प्रथमपुरुषः  व्याकरणम्- अव्ययशब्दाः (१-१५) संस्कृत अनुवादः</p> <ul style="list-style-type: none"> <li>● धातुरूप- कृ, दृश, (लट्, लृट्, लङ् लकार)</li> </ul>
अगस्त	<p>संस्कृतिः- पाठ-३ लङ् लकार मध्यमपुरुषः  व्याकरणम्- अपठित गद्यांशः (शब्दपरिमितः गद्यांशः)  सन्धिः- स्वरसन्धिः - दीर्घसन्धिः</p>
सितंबर	<p>व्याकरणम्- तत्, किम् सर्वनाम शब्दरूप (तीनों लिंगों में)  सन्धिः- स्वरसन्धिः- दीर्घसन्धिः  धातुरूप- अस, आ+गम्, पच् (लट्, लृट्, लङ् लकार)</p>
	अशुद्धि शोधनम्
अक्टूबर	<p>संस्कृतिः- पाठ-४ लङ् लकार उत्तमपुरुषः  व्याकरणम्- अस, पत्, नम् (लट्, लृट्, लङ् लकार)</p>
नवम्बर	<p>संस्कृतिः- पाठ-४ स्वादिष्टं भोजनम्  व्याकरणम्- अपठित गद्यांशः, चित्र-वर्णनम्, संस्कृत अनुवाद,  अव्यय शब्द (१-२०)</p>
दिसंबर	<p>संस्कृतिः- पाठ-६ सुमधुराः श्लोकाः,  व्याकरणम्- संस्कृत अनुवाद, स्वर-सन्धि - गुण सन्धिः</p>
जनवरी	<p>संस्कृतिः- पाठ-७ प्रत्यय-प्रयोगाः (त्त्वा, ल्यप्, तुमुन् प्रत्यय)  व्याकरणम्- अपठित गद्यांशः, चित्रवर्णनम्, अशुद्धि शोधनम्</p>
फरवरी	पुनरावृत्तिः

## **MATHEMATICS**

APRIL	Ch-1: Integers Ch-2: Fractions and Decimals
MAY	Ch-2: Fractions and Decimals (contd) Ch-5: lines and angles
JULY	Ch-11: Perimeter and Area Ch-9: Rational Numbers
AUGUST	Ch-12: Algebraic Expressions Ch-4: Simple Equations
SEPTEMBER	Ch-4: Simple Equations (contd)
OCTOBER	Ch-6: The Triangle and Its Properties Ch-8: Comparing Quantities
NOVEMBER	Ch-8: Comparing Quantities (contd) Ch-7: Congruence of Triangles
DECEMBER	Ch-13: Exponents and Powers Ch-10: Practical Geometry
JANUARY	Ch-4: Data Handling
FEBRUARY	Revision

## **SCIENCE**

APRIL	Ch-2: Nutrition in Animals
MAY	Ch-4: Heat
JULY	Ch-5: Acids, Bases and Salts Ch-13: Motion and Time
AUGUST	Ch-10: Respiration in Organisms
SEPTEMBER	Ch-6: Physical and Chemical Changes
OCTOBER	Ch-6: Physical and Chemical Changes (Contd) Ch-14: Electric Current and its effects.
NOVEMBER	Ch-12: Reproduction in Plants. Ch-15 Light
DECEMBER	Ch-11: Transportation in Animals and Plants

JANUARY	Ch- 11: Transportation in Animals and Plants (Contd)
FEBRUARY	Revision

## **SOCIAL SCIENCE**

<b>Months</b>	<b>History</b>	<b>Geography</b>	<b>Social and Political Life</b>
APRIL	Ch-1 Tracing Changes Through A Thousand Years.	Ch-1 Environment	Ch-1 On Equality
MAY	Ch-1 Tracing Changes Through A Thousand Years. cont	Ch- 3 Our Changing Earth	Ch-3 How the State Govt.works
JULY	Ch-3 The Delhi Sultans	Ch-4 Air (Composition and Layers of the Atmosphere)	Ch-3 How the State Govt.works cont.  Ch- 4 Growing Up AsBoys and Girls
AUGUST	Ch-4 The Mughal Empire	Map Work	Ch-6 Understanding Media
SEPTEMBER	Ch-4 The Mughal Empire(Contd) Revision	Revision	Revision
OCTOBER	Ch-6 Towns, Traders and Crafts persons	Ch-6 Natural Vegetation and Wildlife	Ch-7 Markets Around Us
NOVEMBER	Ch-8 Devotional Paths to The Devine	Ch-7 Human Environment: Settlement, Transport and Communication	Ch-7 Markets Around UsCont..
DECEMBER	Ch-9 The Making of Regional Cultures (Kathak, Paintings Styles, Structure of temple of Bengal)	Ch 7 Human Settlement Cont..  Map work	Ch-8 A Shirt in TheMarket
JANUARY	Ch-9 The Making of Regional Cultures (Kathak, Paintings Styles, Structure of temple of Bengal)	Ch-9 Life in the Deserts	Revision for all chapters
FEBRUARY	Revision for all chapters	Revision for all chapters	Revision for all chapters

## COMPUTER SCIENCE

APRIL	Number System
MAY	Charts in Excel 2016
JULY	Advanced Features of Excel
AUGUST	Internet Services
SEPTEMBER	App Development
OCTOBER	More on HTML List and Tables in HTML
NOVEMBER	Conditional Statements in Python
DECEMBER	AI for SGG
JANUARY	More on Animate CC
FEBRUARY	Revision

## GENERAL KNOWLEDGE

APRIL	Ch-1: World of plants and animals
MAY	Ch-1: World of plants and animals Cont.Ch-2: Language and literature
JULY	Ch-2: Language and literature Cont. Ch-3: Science, Technology and Architecture
AUGUST	Ch-3: Science, Technology and Architecture Cont.Ch-4: India my motherland
SEPTEMBER	Ch-4: India my motherland Cont.
OCTOBER	Ch-5: World Watch
NOVEMBER	Ch-6: Fun and Frolic
DECEMBER	Ch-7: Knowledge Bank
JANUARY	Ch-7: Knowledge Bank Cont.

FEBRUARY	Revision
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## **VALUE EDUCATION**

MONTH	CHAPTERS
APRIL	L-1: What is your Body type?
MAY	L-2: Leading by Example L-3: Kindling the intellect : Types of Intelligence L-4: Pedro meets Ganapati Bappa L-7: Enjoying Fruits
JULY	L-5: Dharma and Leadership L-6: Friends with Feathers, Furs and Scales
AUGUST	L-8: What would you do? L9: Guide Book for Life L-10: Evolve, Don't Revolve
SEPTEMBER	L-11: Unite and Arise L-12: Mirror, mirror on the wall
OCTOBER	L-13: Let's create and innovate L-14: Lord Mahavira L-15: Notes of Splendour
NOVEMBER	L-16: Thought, speech and Word L-17: Become a first responder
DECEMBER	L-18: Enlightenment in the cave L-19: Putting up a good fight
JANUARY	L-20: From the farmer L-21: A Shared Life
FEBRUARY	L-22: The Land of The Ancient

## **ART**

Month	Topic	Description
APRIL	Elements of art	Line, colour, value, texture, shape andspace
MAY	Elements of art	Line, colour, value, texture, shape andspace



JULY	Still life Sanjhi Art	Shapes in objects , many forms multiple shadows, simple compositions in different styles
AUGUST	Natural forms	Leaves and flowers, grass strokes, plants and trees, mountains and water bodies
SEPTEMBER	Animals and Birds	Animals, birds, fish, reptiles, insects
OCTOBER	Animals and Birds	Animals, birds, fish, reptiles, insects
NOVEMBER	Human Figure	Face and features, human face, human hands, study of feet, human figure, portrait making
DECEMBER	Huts and houses	Muddy house, cottage, buildings, street scene, lotus temple
JANUARY	Exploring art Fun and Fiction	Knife painting, spray painting, tie and die, sketch painting Caricature and characterization
FEBRUARY	Creative craft Rangoli	Collage, paper craft, photo frame, finger puppet, paper flask

## DANCE

Month	Syllabus
APRIL	Meditation  Warm up exercises  Double Hand Mudras (Samyukta hast Mudras)
MAY	Warm up Exercises Samyukta Hast Mudras  Punjabi Folk Dance
JULY	Introduction of latin salsa with basic steps Basic introduction of NAVRAS
AUGUST	Theory of NAVRAS with examples. And activity on expressions. Steps of Latin Salsa
SEPTEMBER	Technical Items – a) kavitvas in kathak style
OCTOBER	Technical Items – A) Tihais B) Toda and Tukdas C) kavitvas in kathak style
NOVEMBER	Technical Items – B) Tihais B) Toda and Tukdas

	C) kavitas in kathak style
DECEMBER	Tarana in kathak style.
JANUARY	continuation of Latin salsa, technical of kathakitems and tarana
FEBRUARY	Recapitulation of all the items learnt throughout the year.

### MUSIC (VOCAL)

APRIL	Alankar Exercise Pahadi: Folk Song
MAY	Trayambakam Yajamahe (CCMT) Guru Bhajan
JULY	“Gujrati” Krishna Bhajan “Ye Waqt Ki Awaj hai” (Motivational song)
AUGUST	Patriotic Song: “Hum Bharat Ke Swabhimaan Hain” Defination of Music: 12/7 Swar Komal Swar, Shuddh Swar, Teevra Swar
SEPTEMBER	“Dashavatara Strotam” (CCMT)
OCTOBER	Yaman “Tarana” (Introduction of Aroh-Avroh,pakad,Sthai and Antra) Palta Exercise (Three Swara)
NOVEMBER	“Deva Lambodar” Ganesh Bhajan Biography of Bhatkhande
DECEMBER	Gurudev Ashtotram (CCMT)
JANUARY	Saraswati Vandana “Origin of Music” (Theory)
FEBRUARY	Evaluation and Grading of Students Performance

## MUSIC (INSTRUMENTAL)

Instrumental Music (Sitar, Harmonium, Tabla and Synthesizer)

APRIL	Definition of Indian Classical music. Advance exercises of Indian classical music (alankars). Definition of Indian (10 Thaats) Basic taal of Indian classical music (Taal, Dadra and Kehrawa)
MAY	Advance exercises of Indian classical music (alankars). Definition and types of Thaats. Sargam geet notation of (Prarthana Geetam). Basic taal of Indian classical music(Taal, Dadra and Kehrawa)
JULY	Advance exercises of Indian classical music (alankars). Introduction of Raag Bhopali Aaroh and Avroh of Raag Bhopali Raag Bhopali - composition in 16 beats. Basic taal of Indian classical music(Taal, Dadra and Kehrawa)
AUGUST	Advance exercises of Indian classical music (alankars). Antra of Raag Bhopali Raag Bhopali composition with taans in 16 beats. Patriotic song(Sare Jahan Se Accha) Basic taal of Indian classical music(Taal, Dadra, Kehrawa and Teen Taal)
SEPTEMBER	Grades will be given on the basis on syllabus
OCTOBER	Advance exercises of Indian classical music (alankars). Notation of Raghupati Raghava Introduction of Raag Ahir Bhairav Basic taal of Indian classical music(Taal, Dadra, Kehrawa and Teen Taal)
NOVEMBER	Advance exercises of Indian classical music (alankars). Aaroh and Avroh with pakad of Raag Ahir Bhairav Composition of Raag Ahir Bhairav Basic taal of Indian classical music(Taal, Dadra, Kehrawa and Teen Taal)
DECEMBER	Advance exercises of Indian classical music (alankars). Antra of Raag Ahir Bhairav Raag Ahir Bhairav- composition with taans Basic taal of Indian classical music(Taal, Dadra, Kehrawa and Teen Taal)
JANUARY	Advance exercises of Indian classical music (alankars). Revision of previous syllabus Basic taal of Indian classical music(Taal, Dadra, Kehrawa and Teen Taal)
FEBRUARY	Evaluation and Grading of Students Performance

**PHYSICAL EDUCATION AND YOGA**

MONTH	PHYSICAL EDUCATION	YOGA
APRIL	Warming up Stretching exercises Line formation Introduction of Cricket, Football, Volleyball and Basketball Cricket-Grip of the bat, placement of the bat, holding the bat. Football-Placement of the foot. Basketball-Grip of the ball. Volleyball-service Skills Cricket-forward defence, grip of the ball. Basketball-types of dribbling Volleyball-types of service Football-passing and receiving	Warming up Stretching exercises  Balance diet Dhanurasana Anulom-Vilom Pranayama
MAY	Warming up Stretching exercises line formation Trophies names Skills Cricket- types of shots Football-types of shooting Volleyball-types of passing Basketball-types of passing	Warming up Stretching exercises Surya Namaskar Gomukhasana Bhramri Pranayama Meditation Skills of cricket
JULY	Warming up Stretching exercises line formation Positioning of the players Skills Cricket-types of shots Football-types of shooting Volleyball-types of passing and blocking Basketball-dribbling and shooting	Warming up Stretching exercises Bhujangasana Anulom-Vilom Pranayama Water-Benefits and side effects Skills of cricket
AUGUST	Warming up Stretching exercises line formation Terminologies Skills and match practice Cricket-types of shots and bowling Football-shooting, touch and ball control  Volleyball-types of passing, blocking and ball tapping Basketball-dribbling and shooting	Warming up Stretching exercises Mudras based on five elements

SEPTEMBER	<p>Warming up Stretching exercises line formation Famous personalities Skills and match practice Cricket-types of shots and bowling Football-shooting touch and ball control Volleyball-types of passing, blocking and ball tapping Basketball-dribbling and shooting</p>	<p>Warming up Stretching exercises Naukasana Shalabhasana Dhanurasana Meditation</p>
OCTOBER	<p>Warming up Stretching exercises line formation Tournaments Skills Cricket-types of shots, bowling and fielding Football-heading, touch and ball Volleyball-types of serving, passing, hitting Basketball-rebounding</p>	<p>Warming up Stretching exercises Dhanurasana Bhujangasana Setubandhasana Shalabhasana Milk -Benefits and side effects</p>
NOVEMBER	<p>Warming up Stretching exercises line formation Skills practice Cricket-types of shots and bowling Football-shooting Volleyball-types of hits Basketball-rebounding</p>	<p>Warming up Stretching exercises Marjaryasana Uttanpadasana Eyes- Exercises and home remedies</p>
DECEMBER	<p>Warming up Stretching exercises line formation Skills Cricket-types of shots and bowling Football-shooting and heading Volleyball-types of serving, passing, Basketball-men to men defence and offence</p>	<p>Warming up Stretching exercises Trikonasana Veerasana Kapalbhati Pranayama</p>
JANUARY	<p>Warming up Stretching exercises line formation Skills practice Cricket-types of shots and bowling, fielding</p>	<p>Warming up Stretching exercises Tadasana Vrikshasana</p>
FEBRUARY	<p>Football-passing, shooting, Volleyball-types of serving, passing, hitting Basketball-zone defense</p>	<p>Anulom Vilom Pranayama Fruits-benefits and side effects</p>