

**CHINMAYA VIDYALAYA, NEW DELHI**  
**APRIL-MAY PROPOSED SYLLABUS (2022-23)**  
**CLASS VII**

**ENGLISH**

APRIL	HONEYCOMB: L-1 THREE QUESTIONS WRITING SKILLS: NOTICE WRITING GRAMMAR: INTEGRATED GRAMMAR EXERCISES BASED ON BBC
MAY	HONEYCOMB: POEM- THE REBEL SUPPLEMENTARY READER: L- 1 THE TINY TEACHER WRITING SKILLS: DIARY ENTRY GRAMMAR: INTEGRATED GRAMMAR EXERCISES BASED ON BBC.

**HINDI**

अप्रैल	वसंत – पाठ-1 हम पंछी उन्मुक्त गगन के बाल महाभारत – प्रस्तावना, महाभारत की रचना, शांतनु, देवव्रत व्याकरण – पाठ-1 भाषा और व्याकरण अपठित गद्यांश
मई	वसंत – पाठ-2 दादी माँ, पाठ-4 कठपुतली बाल महाभारत – धृतराष्ट्र और पांडु, कृष्ण-जन्म, कौरव और पांडव राजकुमार व्याकरण – पाठ-2 वर्ण-विचार अनुच्छेद-लेखन

**MATHEMATICS**

APRIL	CH 1 INTEGERS CH 2 FRACTIONS AND DECIMALS
MAY	CH 2 FRACTIONS AND DECIMALS (CONTD) CH 5 LINES AND ANGLES

\*Subject to change due to covid pandemic.

## SCIENCE

APRIL	CH-2 NUTRITION IN ANIMALS
MAY	CH-4 HEAT

## SOCIAL SCIENCE

APRIL	<b>HISTORY</b> CH-1 TRACING CHANGES THROUGH A THOUSAND YEARS. <b>GEOGRAPHY</b> CH-1 ENVIRONMENT <b>SOCIAL AND POLITICAL LIFE</b> CH-1 ON EQUALITY
MAY	<b>HISTORY</b> CH-1 TRACING CHANGES THROUGH A THOUSAND YEARS. <b>GEOGRAPHY</b> CH- 3 OUR CHANGING EARTH <b>SOCIAL AND POLITICAL LIFE</b> CH-3 HOW THE STATE GOVT. WORKS

## SANSKRIT

अप्रैल	संस्कृति: - पाठ-१ वार्तालाप: व्याकरणम् - चित्रवर्णनम्, संस्कृत अनुवाद । <ul style="list-style-type: none"><li>● शब्द-रूप- बालकवत्, फलवत्</li><li>● धातुरूप- असु, गम् (लट्, लृट् लकार)</li></ul>
मई	संस्कृति:- पाठ-१० मम दिनचर्या व्याकरणम्- अपठितगद्यांशः, चित्रवर्णनम्, संस्कृत-अनुवादः, संख्या (१-३०) <ul style="list-style-type: none"><li>● शब्द-रूप- लतावत्</li><li>● धातुरूप- चल, रक्ष, भू, (लट्, लृट्, लङ् लकार)</li></ul>

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## COMPUTER SCIENCE

APRIL	NUMBER SYSTEM
MAY	CHARTS IN EXCEL 2016

## PHYSICAL EDUCATION AND YOGA

MONTH	PHYSICAL EDUCATION	YOGA
APRIL	WARMING UP STRETCHING EXERCISES LINE FORMATION INTRODUCTION OF CRICKET. FOOTBALL, VOLLEYBALL AND BASKETBALL CRICKET-GRIP OF THE BAT, PLACEMENT OF THE BAT, HOLDING THE BAT. FOOTBALL-PLACEMENT OF THE FOOT. BASKETBALL-GRIP OF THE BALL. VOLLEYBALL-SERVICE <b>SKILLS</b> CRICKET-FORWARD DEFENCE, GRIP OF THE BALL. BASKETBALL-TYPES OF DRIBBLING VOLLEYBALL-TYPES OF SERVICE FOOTBALL-PASSING AND RECEIVING	WARMING UP STRETCHING EXERCISES  BALANCE DIET DHANURASANA ANULOM-VILOM PRANAYAMA
MAY	WARMING UP STRETCHING EXERCISES LINE FORMATION TROPHIES NAMES <b>SKILLS</b> CRICKET- TYPES OF SHOTS FOOTBALL-TYPES OF SHOOTING VOLLEYBALL-TYPES OF PASSING BASKETBALL-TYPES OF PASSING	WARMING UP STRETCHING EXERCISES SURYA NAMASKAR GOMUKHASANA BHRAMRI PRANAYAMA MEDITATION SKILLS OF CRICKET

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## DANCE

APRIL	MEDITATION WARM UP EXERCISES DOUBLE HAND MUDRAS (SAMYUKTA HAST MUDRAS)
MAY	WARM UP EXERCISES SAMYUKTA HAST MUDRAS PUNJABI FOLK DANCE

## MUSIC (VOCAL)

### Raag

APRIL	ALANKAR EXERCISE PAHADI: FOLK SONG
MAY	TRAYAMBAKAM YAJAMAHE GURU BHAJAN

## INSTRUMENTAL MUSIC

APRIL	<ol style="list-style-type: none"><li>1. DEFINITION OF INDIAN CLASSICAL MUSIC.</li><li>2. ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).</li><li>3. DEFINITION OF INDIAN (10 THAATS)</li><li>4. BASIC TAAL OF INDIAN CLASSICAL MUSIC (TAAL, DADRA AND KEHRAWA)</li></ol>
MAY	<ol style="list-style-type: none"><li>1. ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).</li><li>2. DEFINITION AND TYPES OF THAATS.</li><li>3. SARGAM GEET NOTATION OF (PRARTHANA GEETAM).</li></ol>

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## **ART**

APRIL/MAY	ELEMENTS OF ART	LINE, COLOUR, VALUE, TEXTURE, SHAPE AND SPACE
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## **VALUE EDUCATION**

APRIL	L1-WHAT IS YOUR BODY TYPE	PHYSICAL DEVELOPMENT
MAY	L7-FOOD AND NUTRITION	PHYSICAL DEVELOPMENT

## **GENERAL KNOWLEDGE**

APRIL	CH 1 WORLD OF PLANTS AND ANIMALS
MAY	CH 1 WORLD OF PLANTS AND ANIMALS CONT. CH2 LANGUAGE AND LITERATURE

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