



CHINMAYA VIDYALAYA, NEW DELHI
MONTHWISE SYLLABUS BREAK UP (2023-24)
CLASS: I

SUBJECT: ENGLISH

TEXTBOOK: GEAR UP & TINKER BUDS

TERM-I	
MONTH	CHAPTER
APRIL	REVISION OF KG CONCEPTS FROM GEAR UP BOOK: <ul style="list-style-type: none">• WRITING Aa TO Zz• BEGINNING, ENDING AND MIDDLE SOUNDS• DIGRAPH – SH• ALPHABETICAL ORDER
MAY	UNIT 1: L - THE MANGO TREE DIGRAPH: TH GRAMMAR: LETTERS-WORDS-SENTENCE RELATION SENTENCE STRUCTURE USE OF THIS AND THAT CREATIVE WRITING
JULY	UNIT 2: L - MY TINY DOLL DIGRAPH: CH GRAMMAR: USE OF ‘A’ AND ‘AN’ NAMING WORDS CREATIVE WRITING
AUGUST	UNIT 3: L - A PROMISE DIGRAPH: QU GRAMMAR: ONE AND MANY USE OF ‘IS’ AND ‘ARE’ USE OF ‘THIS’ AND ‘THESE’ CREATIVE WRITING
SEPTEMBER	UNIT 4: L - SMART RED HEN DIGRAPH: AR GRAMMAR: PRONOUNS USE OF ‘THESE’ AND ‘THOSE’ CREATIVE WRITING
TERM-II	
OCTOBER	UNIT 5: L - THANK YOU, TAFFY DIGRAPH: FF GRAMMAR: ACTION WORDS CREATIVE WRITING
NOVEMBER	UNIT 6: L - MONSOON BIRTHDAY DIGRAPH: LL GRAMMAR: POSITION WORDS USE OF HAS AND HAVE CREATIVE WRITING
DECEMBER	UNIT 7: L - BUDDY’S DAY OUT BLENDS: CK, NG

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	GRAMMAR: DESCRIBING WORDS CREATIVE WRITING
JANUARY	UNIT 8: L - CARING HELPERS (POEM) VOWEL COMBINATION: A-E, I-E, O-E, U-E GRAMMAR: USE OF SIMPLE TENSE CREATIVE WRITING
FEBRUARY	REVISION - NAMING WORDS, PRONOUNS, ACTION WORDS, POSITION WORDS
MARCH	REVISION - DESCRIBING WORDS, USE OF SIMPLE TENSE

SUBJECT: HINDI

TEXTBOOK - GUNCHA

TERM-I	
MONTH	CHAPTER
APRIL	बच्चों की दुनिया आओ, पिकनिक चलें स्वरों का अभ्यास व्यंजनों का अभ्यास पंचम वर्णों का अभ्यास संयुक्त व्यंजनों का अभ्यास
MAY	दो, तीन व चार वर्णों वाले शब्द
JULY	आ से शुरू होने वाले शब्दों का ज्ञान आ की मात्रा से बने शब्दों का ज्ञान आ की मात्रा से बने शरीर के अंगों के नाम चित्र पहचान कर नाम लिखना आ की मात्रा लगा कर नए शब्द बनाना श्रवण, वाचन, पठन व लेखन चारों कौशलों का ज्ञान
AUGUST	इ तथा ई से शुरू होने वाले शब्दों का ज्ञान इ तथा ई की मात्रा से बने शब्दों का ज्ञान शब्द जोड़ना व समान लय वाले शब्दों का ज्ञान वर्ग-पहेली सुलझा कर नाम लिखना चित्र पहचानना व रिश्तों के नाम की पहचान दिन निकला (अभ्यास कार्य) इठलाती मछली (अभ्यास कार्य) श्रवण, वाचन, पठन व लेखन चारों कौशलों का ज्ञान आ से ई तक की मात्राओं का पुनरभ्यास
SEPTEMBER	उ तथा ऊ से शुरू होने वाले शब्दों का ज्ञान उ तथा ऊ की मात्रा से बने शब्दों का ज्ञान उचित मिलान करना तथा अधूरे नाम पूरे करना अक्षरों को क्रम में लगा कर शब्द बनाना मिलान करना तथा अक्षर जोड़कर शब्द बनाना अक्षरों का उलटफेर करके नए शब्द बनाना

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	तुलसी की चाय (अभ्यास कार्य) बुलबुल (अभ्यास कार्य) जूही का झूला (अभ्यास कार्य) श्रवण, वाचन, पठन व लेखन चारों कौशलों का ज्ञान उ तथा ऊ की मात्रा का पुनरभ्यास
TERM-II	
OCTOBER	ए तथा ऐ से शुरू होने वाले शब्दों का ज्ञान ए तथा ऐ से बने शब्दों का ज्ञान उचित मिलान तथा अक्षर जोड़कर शब्द बनाना चित्र पहचान कर नाम लिखना अक्षरों का उलटफेर करके नए शब्द बनाना ए तथा ऐ के शब्दों में अंतर पहचानना तथा चित्रों का शब्दों से मिलान करना वन के भीतर मेला (अभ्यास कार्य) नैनी झील की सैर (अभ्यास कार्य) श्रवण, वाचन, पठन व लेखन चारों कौशलों का ज्ञान
NOVEMBER	आ से ऐ तक की मात्राओं का पुनरभ्यास बरखा रानी
DECEMBER	ओ तथा औ की मात्रा से शुरू होने वाले शब्द ओ तथा औ की मात्रा से बने शब्दों का ज्ञान ओ तथा औ की मात्रा लगा कर शब्द पूरे करना तथा चित्र पहचान कर नाम लिखना समान लय वाले शब्दों का ज्ञान चित्र पहचान कर वर्ग - पहेली सुलझाना होली आयी होली आयी (अभ्यास कार्य) लौकी का पौधा (अभ्यास कार्य) श्रवण, वाचन, पठन व लेखन चारों कौशलों का ज्ञान
JANUARY	अं तथा अँ से शुरू होने वाले शब्दों का ज्ञान अं तथा अँ से बने शब्दों का ज्ञान अं तथा अँ से बने शब्दों में अंतर पहचानना चित्र पहचान कर उचित मिलान करना चित्रों के नाम लिख कर वाक्य पूरे करना चंदनपुर की चिड़िया (अभ्यास कार्य) चाँदनी चौक (अभ्यास कार्य) श्रवण, वाचन, पठन व लेखन चारों कौशलों का ज्ञान
FEBRUARY	स्वर गीत गिनती (१-१०) संयुक्त अक्षर उल्टे अर्थ वाले शब्द एक-अनेक अपठित पद्यांश : दिल्ली से आयी बिल्ली अपठित पद्यांश : चालाक बछड़ा
MARCH	वाक्य रचना (१,२,३)

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SUBJECT: MATHEMATICS**TEXTBOOK: GEAR UP & TINKER MATHS**

TERM-I	
MONTH	CHAPTER
APRIL	REVISION OF KG CONCEPTS FROM GEAR UP BOOK.
MAY	TINKER MATH (PART 1): CH-1 ADDITION
JULY	CH-2 SUBTRACTION CH-3 SHAPES
AUGUST	CH-4 NUMBERS 10-20
SEPTEMBER	CH-5 TIME (DAY AND NIGHT SONG)
TERM-II	
OCTOBER	TINKER MATH (PART 2): CH-6 MEASUREMENT CH-7 NUMBERS BEYOND 20
NOVEMBER	CH-7 NUMBERS BEYOND 20 (TO BE CONTINUED) CH-8 DATA HANDLING AND ORDINAL NUMBER
DECEMBER	CH-9 PATTERNS CH-10 SO MANY NUMBERS (NUMBERS 51-100)
JANUARY	CH-10 SO MANY NUMBERS (NUMBERS 51-100) (TO BE CONTINUED)
FEBRUARY	CH-11 MONEY
MARCH	REVISION

SUBJECT: GENERAL AWARENESS**TEXTBOOK: GEAR UP & TINKER BUDS**

TERM-I	
MONTH	CHAPTER
APRIL	MYSELF FROM GEAR UP BOOK
MAY	UNIT - 1: MY FAMILY AND HOME
JULY	UNIT - 2: MY BODY AND ITS CARE
AUGUST	UNIT - 3: FOOD (PL)
SEPTEMBER	UNIT - 4: PLANTS
TERM-II	
OCTOBER	UNIT - 5: ANIMALS (PL)
NOVEMBER	UNIT - 6: SEASONS AND CLOTHES
DECEMBER	UNIT - 7: NEIGHBOURHOOD
JANUARY	UNIT - 8: PEOPLE WHO HELP US
FEBRUARY	UNIT - 8: PEOPLE WHO HELP US (TO BE CONTINUED)
MARCH	REVISION

***ABBREVIATIONS:**

PL (PROJECT BASED LEARNING): 02

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SUBJECT: VALUE EDUCATION**TEXTBOOK: LIFE - AN ARADHANA (1)**

MONTH	SYLLABUS
APRIL	L 11 - HANUMAN'S GIANT LEAP (AL) L 1 - MANU SMILES AGAIN (DS)
MAY	L 19 - THE MAN WHO GREW A FOREST! (AL) L 18 - THE BLIND BEGGAR (DS)
JULY	L 3 - THE SORTING GAME (DS) L 7 - RAGHAV FINDS A FRIEND (DS)
AUGUST	L 2 - ARUNA SAYS CHEESE (AL) L 14 - WE ARE FAMILY (DS)
SEPTEMBER	L 15 - LATHA SITS TALL (DS) L 4 - ROHAN'S JOURNEY (AL)
OCTOBER	L 8 - EAT A FOOD RAINBOW (AL) L 20 - THE DISAPPEARING DUSTBIN (DS)
NOVEMBER	L 9 - A DAY AT THE BEACH (AL) L 10 - THE BODY GETS WORKING TOGETHER (DS) L 17 - THE MISSING SCHOOL BOOK (DS)
DECEMBER	L 16 - ALL FOR THE BEST! (DS) L 13 - GRANNY AND YOGA (AL)
JANUARY	L 6 - I AM INDIA (AL) L 12 - THE SONG OF RESPECT (DS)
FEBRUARY	L 5 - TOTU BRINGS IN HOLI (DS)
MARCH	REVISION

***ABBREVIATIONS:**

DS (DETAILED STUDY):	12
AL (ACTIVITY BASED LEARNING):	08

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SUBJECT: G.K.

TEXTBOOK: TINKER BUDS EXPLORE EACH DAY

TERM-I	
MONTH	CHAPTER
APRIL	WORLD HEALTH DAY PLANT APPRECIATION DAY EARTH DAY
MAY	WORLD CARTOONIST DAY WORLD MUSIC DAY
JULY	INTERNATIONAL YOGA DAY WORLD DOCTOR'S DAY WORLD TIGER DAY
AUGUST	INDEPENDENCE DAY NATIONAL SPORTS DAY
SEPTEMBER	HINDI DIWAS WORLD TOURISM DAY
TERM-II	
OCTOBER	WORLD ANIMAL DAY INTERNATIONAL FOOD DAY
NOVEMBER	INTERNATIONAL DANCE DAY CHILDREN'S DAY
DECEMBER	NATIONAL FARMER'S DAY MERRY CHRISTMAS
JANUARY	NATIONAL TOURISM DAY REPUBLIC DAY
FEBRUARY	TELL A FAIRY TALE DAY NATIONAL SCIENCE DAY WORLD WATER DAY
MARCH	REVISION

SUBJECT: COMPUTER

TEXTBOOK: TOUCHPAD 4.0

TERM-I	
MONTH	CHAPTER
APRIL	INTRODUCTION TO COMPUTER
MAY	PARTS OF COMPUTER
JULY	LET'S LEARN TO USE KEYBOARD AND MOUSE
AUGUST	WORD PAD
SEPTEMBER	REVISION

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TERM-II	
OCTOBER	MS PAINT
NOVEMBER	MS PAINT
DECEMBER	INTRODUCTION TO TUX PAINT
JANUARY	INTRODUCTION TO ARTIFICIAL INTELLIGENCE
FEBRUARY	REVISION

SUBJECT: ART

BOOK: FUTUREINK ART & CRAFT BOOK

TERM-I	
MONTH	TOPIC
APRIL	FREE HAND DRAWING - WORLD ART DAY PRINTMAKING (BUTTERFLY) DRAWING - SUMMER SEASON
MAY	MOTHER'S DAY CARD MAKING
JULY	FREE HAND DRAWING - RAINY SEASON POSTER MAKING (SAVE WATER) FINGER PRINTING (WATER CREATURES)
AUGUST	ART WORK (INDEPENDENCE DAY) PATTERN MAKING WITH GEOMETRICAL SHAPES
SEPTEMBER	TEACHER'S DAY ACTIVITY RANGOLI MAKING WITH GEOMETRICAL SHAPE FREE HAND DRAWING - TEACHER'S DAY
TERM-II	
OCTOBER	STEP BY STEP DUSSEHRA DRAWING ORIGAMI SCENE DEPICTION DIYA MAKING AND DECORATION DEEPAWALI FREE HAND DRAWING
NOVEMBER	CHILDREN'S DAY STEP BY STEP PUPPET MAKING
DECEMBER	FREE HAND DRAWING - CHRISTMAS WINTER SEASON DRAWING WITH COTTON
JANUARY	FREE HAND DRAWING - HAPPY NEW YEAR DRAWING OF A REPUBLIC DAY FOLK ART DIFFERENT KINDS OF PRINTING USING POSTER COLOURS
FEBRUARY	INCOMPLETE DRAWINGS AND ACTIVITIES WILL BE COMPLETED.

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DANCE:

TERM I	
MONTH	TOPIC
APRIL	HAND MUDRAS (ASAMYUKTA HASTA MUDRAS)
MAY	HAND MUDRAS (ASAMYUKTA HASTA MUDRAS)
JULY	FOLK DANCE (BHANGRA FROM PUNJAB)
AUGUST	INTRODUCING KATHAK BASIC STEPS (TATKAR)
SEPTEMBER	KATHAK DANCE STEPS WITH SMALL TUKRA
TERM II	
OCTOBER	DANCE ON DIWALI SONG
NOVEMBER	PRESENTATION THEME DANCE WESTERN DANCE STEPS WITH HAND MOVEMENTS
DECEMBER	DANCE ON CHRISTMAS SONG PRESENTATION DANCE
JANUARY	DANCE ON PATRIOTIC SONG PRESENTATION DANCE
FEBRUARY	RECAPITULATION OF ALL DANCES LEARNT
MARCH	IMPROVISATION

MUSIC:

TERM I	
MONTH	TOPIC
APRIL	<ul style="list-style-type: none"> • OM SEHNA VAVTU • KARCHARAN KRITAM • OM TRIYAMBAKAMYAJAMAHE • SADASHIV SAMARAMBHAM • KARAGRAY VASTE LAXMI
MAY	<ul style="list-style-type: none"> • OM GANANAAM • VAKRATUND MAHAKAYE • AJAM NIRVIKALPAM • GUNATEETMANAM CHIDANANDARUPAM • JAGAT KARANAM
JULY	<ul style="list-style-type: none"> • VASUDEV SUTAMDEVAM • MUKAM KAROTI VACHALAM • SHANTAKARAM BHUJAGSHAYANAM • LAXMI KANTAM
AUGUST	<ul style="list-style-type: none"> • AKHANDA MANDALAKARAM • AGYANTIMI RANDHASYA • GURURBHARMA GURURVISHNU

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	<ul style="list-style-type: none"> • STAVARAM JANGAMAM • CHIMAYAMVYAPITSARVAM • TWAMEV MATA • PATRIOTIC SONG
SEPTEMBER	MUSIC GRADES WILL BE GIVEN TO THE STUDENTS ON THE BASIS OF MUSIC SYLLABUS FOR TERM I.
	TERM II
OCTOBER	<ul style="list-style-type: none"> • SARASWATI NAMASTUBHYAM • YADEVI SARVBHUTESU • YAKUNDENDU TUSHAR
NOVEMBER	<ul style="list-style-type: none"> • SOORYA SOMAAYE • BUDDHIR BALAM YASHO • KARAGRE VASTE • OM BHRAMA ARPANAM
DECEMBER	<ul style="list-style-type: none"> • SHUBHAM KAROTI • SAMASTJAN KALYANE • SHANTI MANTRA (OM PURNAMADA)
JANUARY	<ul style="list-style-type: none"> • KRISHNA ASHTAKAM • VASUDEV SUTAM DEVAM • ATSI PUSHP • KUTI LALAK SANYUKT
FEBRUARY	MUSIC GRADES WILL BE GIVEN TO THE STUDENTS ON THE BASIS OF MUSIC SYLLABUS FOR TERM II. <ul style="list-style-type: none"> • CHINMAYA ARTI

PHYSICAL EDUCATION:

TERM I	
MONTH	ACTIVITIES
APRIL	LOCOMOTOR ACTIVITY: WALKING RUNNING JUMPING
MAY	NON-LOCOMOTOR ACTIVITY: BENDING STRETCHING SHAKING FOLLOWED BY ACTIVITY
JULY	ROLLING AT THE TARGETS - CATCHING & THROWING SKILL BASED ACTIVITY
AUGUST	STABILITY SKILLS - LANDING BODY AWARENESS BALANCING HYGIENE

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SEPTEMBER	DIFFERENT TYPES OF ANIMAL WALK MASS P.T
TERM II	
OCTOBER	MOVEMENT SKILLS AND CONCEPTS - TWISTING, TURNING, STRETCHING AND RELAXING MOVEMENT JUMP ROPE TARGETS AND LEVELS
NOVEMBER	WALKING SKILLS - WALKING ON DIFFERENT PATH SHAPES NUTRITION AND DIET
DECEMBER	1. BROAD JUMP (SINGLE/BOTH LEGS) 2. BALL HANDLING IN A DIFFERENT MANNER
JANUARY	1. FUN GAMES 2. FUN CHALLENGES 3. CATCHING & THROWING 4. THROWING AT TARGETS WITH ACCURACY
FEBRUARY	1. FUN GAMES 2. FUN CHALLENGES
MARCH	REVISION OF SECOND TERM

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