



CHINMAYA VIDYALAYA, NEW DELHI
CLASS VIII
MONTH-WISE SYLLABUS (2023-24)

ENGLISH

MONTH	SYLLABUS
APRIL	<p><u>PATHWAYS:</u> UNIT 1- HUMAN BONDS SECTION 1 – A MOST IMPORTANT PERSON (LESSON) SECTION 3- SOMEBODY’S MOTHER (POETRY) <u>WRITING SKILLS:</u> NOTICE WRITING (EVENT) <u>GRAMMAR-</u> SUBJECT – VERB CONCORD, TENSES</p>
MAY	<p><u>PATHWAYS:</u> UNIT 2- NURTURING NATURE SECTION 1- A DAY IN THE COUNTRY (LESSON) SECTION 2- ELEPHANTS RAID THE KITCHEN (LESSON) <u>WRITING SKILLS:</u> NOTICE WRITING (EVENT) COND., DIALOGUE COMPLETION <u>GRAMMAR:</u> PHRASES AND CLAUSES, INTEGRATED GRAMMAR EXERCISES BASED ON BBC.</p>
JULY	<p><u>PATHWAYS:</u> UNIT 2- NURTURING NATURE SECTION 3- I THINK I COULD TURN AND LIVE WITH ANIMALS (POETRY) SECTION 1- POCAHONTAS (LESSON) <u>WRITING SKILLS:</u> LETTER WRITING (LETTER TO THE EDITOR) <u>GRAMMAR:</u> ACTIVE- PASSIVE VOICE, INTEGRATED GRAMMAR EXERCISES BASED ON BBC.</p>
AUGUST	<p><u>PATHWAYS:</u> UNIT 3- CONFLICT AND HOPE SECTION 3- REFUGEE BLUES (LESSON) UNIT 4- UNLIKELY DESTINATIONS SECTION 1- EMPERORS ON ICE (LESSON) <u>WRITING SKILLS:</u> LETTER WRITING (LETTER OF COMPLAINT TO OFFICIALS) <u>GRAMMAR:</u> REPORTED SPEECH, INTEGRATED GRAMMAR EXERCISES BASED ON BBC.</p>
SEPTEMBER	<p><u>PATHWAYS:</u> UNIT 4- UNLIKELY DESTINATIONS SECTION 3- IMAGINATION (POETRY) <u>WRITING SKILLS:</u> LETTER WRITING (CONTD.) <u>GRAMMAR:</u> REPORTED SPEECH</p>

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

OCTOBER	<p><u>PATHWAYS:</u> UNIT 5- MAN AND MACHINE SECTION 1- DIAMOND MAKER (LESSON) <u>WRITING SKILLS:</u> DIALOGUE WRITING, FACTUAL DESCRIPTION (PLACE, EVENT) <u>GRAMMAR:</u> REPORTED SPEECH (CONTD.), INTEGRATED GRAMMAR EXERCISES BASED ON BBC.</p>
NOVEMBER	<p><u>PATHWAYS:</u> UNIT 5- MAN AND MACHINE SECTION 2- FEATHERED FRIEND ((LESSON) SECTION 3- THE CHOICE (POETRY) <u>WRITING SKILLS:</u> , STORY WRITING <u>GRAMMAR:</u> INTEGRATED GRAMMAR EXERCISES BASED ON BBC.</p>
DECEMBER	<p><u>PATHWAYS:</u> UNIT 6- BEYOND THE VEIL SECTION - THE RED – HEADED LEAGUE (PLAY) <u>WRITING SKILLS:</u> STORY WRITING (CONTD.), ARTICLE WRITING <u>GRAMMAR:</u> TENSES, ACTIVE- PASSIVE VOICE, EDITING- OMISSION,</p>
JANUARY	<p><u>PATHWAYS:</u> UNIT 6- BEYOND THE VEIL SECTION - THE RED – HEADED LEAGUE (PLAY) <u>WRITING SKILLS:</u> ARTICLE WRITING (CONTD.) <u>GRAMMAR:</u> REPORTED SPEECH (REVISION), INTEGRATED GRAMMAR EXERCISES BASED ON BBC.</p>
FEBRUARY	REVISION (BBC ASSIGNMENTS , WORKSHEETS)

SANSKRIT

MONTH	SYLLABUS
अप्रैल	रुचिरा – पाठ १ सुभाषितानि व्याकरणम् – अपठित गद्यांश, चित्र वर्णन, संस्कृत अनुवाद शब्द रूप - बालकवत्, लतावत्, फलवत् धातुरूप - कृ, भू, रक्ष, गम्, चल् (लट्, लृट्, लङ्, लोट् लकार में)
मई	रुचिरा – पाठ - ९ सप्तभगिन्यः व्याकरणम्– शब्द रूप – अस्मद्, युष्मद् व तत् सर्वनाम शब्द तीनों में। दीर्घासन्धिः, यणसन्धिः
जुलाई	रुचिरा – पाठ - १४ आर्यभटः

	<ul style="list-style-type: none"> व्याकरणम्- व्याकरण संख्या (१ से ३० तक), अव्यय शब्द (१ से १६ तक) संस्कृत अनुवाद, सर्वनाम शब्द रूप – अस्मद्, युष्मद्, किम् (तीनों लिंगों में लिंगों लिंगों में)
अगस्त	<p>रुचिरा – पाठ - ११ सावित्री बाई फुले</p> <p>व्याकरणम्- अपठित गद्यांशः</p> <p>शब्द रूप - अस्मद् युष्मद् मुनि ।</p> <p>धातु रूप अस्, प्रच्छ वद्, धाव् आ + गम्, दा (लट्, लृट्, लोट् एवं लङ् लकार में)</p>
सितंबर	<p>रुचिरा - पाठ ३ डिजीभारतम्</p> <p>व्याकरणम्- कारक और विभक्ति-परिचय, चित्रवर्णनम्, पठितगद्यांश, लट्, लृट्, लोट् एवं लङ् लकाराणां प्रयोगः।</p>
अक्टूबर	<p>रुचिरा – पाठ ६ गृहं शून्यं सुतां विना</p> <p>व्याकरणम्- तत् सर्वनाम (त्रीषुलिङ्गेषु)</p> <p>धातुरूप – गम्, स्था</p> <p>संस्कृत अनुवाद</p>
नवम्बर	<p>व्याकरणम्- पठितगद्यांशः, अपठितगद्यांशः, संस्कृत अनुवाद शब्द रूप - एतत् सर्वनाम (तीनों लिंगों में) साधु शब्द।</p> <ul style="list-style-type: none"> धातुरूप – पा, हस्, (लट्, लृट्, लोट् एवं लङ् लकार में)
दिसंबर	<p>रुचिरा- पाठ- १० नीति नवनीतम्</p> <p>व्याकरणम् -</p> <ul style="list-style-type: none"> सन्धिः - गुणसन्धि, वृद्धिसन्धिः संख्या ३१-६०
जनवरी	<p>प्रत्ययाः – क्त्वा, तुमुन्</p> <p>व्याकरणम्-</p> <ul style="list-style-type: none"> प्रश्ननिर्माणम्, व्याकरण- पत्र लेखन शब्द रूप - मुनि, नदी धातु रूप - लिख्, चल्, पच् (लट्, लृट्, लोट् एवं लङ् लकार)
फरवरी	पुनरावृत्तिः

MATHEMATICS

MONTH	SYLLABUS
APRIL	CH 1 RATIONAL NUMBERS CH 6: SQUARE AND SQUARE ROOTS
MAY	CH 6: SQUARE AND SQUARE ROOTS (CONTINUED) CH 7: CUBES AND CUBES ROOTS CH 15: INTRODUCTION OF GRAPHS
JULY	CH 3: UNDERSTANDING QUADRILATERALS CH 4: PRACTICAL GEOMETRY
AUGUST	CH 11: MENSURATION CH 9: ALGEBRAIC EXPRESSIONS AND IDENTITIES
SEPTEMBER	CH 9: ALGEBRAIC EXPRESSIONS AND IDENTITIES (CONTINUED)
OCTOBER	CH 2: LINEAR EQUATION IN ONE VARIABLE CH 5: DATA HANDLING
NOVEMBER	CH 8: COMPARING QUANTITIES CH 13: DIRECT AND INVERSE PROPORTIONS
DECEMBER	CH 13: DIRECT AND INVERSE PROPORTIONS (CONTINUED) CH 14: FACTORISATION
JANUARY	CH 12: EXPONENTS AND POWER CH 10: VISUALIZING SOLID SHAPES
FEBRUARY	REVISION

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

SCIENCE

MONTH	SYLLABUS
APRIL	CH 2. MICROORGANISMS: FRIENDS AND FOE CH 11. FORCE AND PRESSURE
MAY	CH12. FRICTION
JULY	CH12. FRICTION(CONTINUE) CH 16. LIGHT
AUGUST	CH 16. LIGHT (CONTINUE)
SEPTEMBER	CH 5. COAL AND PETROLEUM REVISION
OCTOBER	CH 6. COMBUSTION AND FLAME CH 9. REPRODUCTION IN ANIMALS
NOVEMBER	CH 14. CHEMICAL EFFECTS OF ELECTRIC CURRENT CH 13. SOUND
DECEMBER	CH 13. SOUND (CONTINUE) CH 15. SOME NATURAL PHENOMENA
JANUARY	CH 7. CONSERVATION OF PLANTS AND ANIMALS
FEBRUARY	REVISION/WORKSHEETS

SOCIAL SCIENCE

MONTH	HISTORY	GEOGRAPHY	CIVICS
APRIL	<ul style="list-style-type: none">CH 2: FROM TRADE TO TERRITORY: THE COMPANY ESTABLISHES POWER	<ul style="list-style-type: none">CH1: RESOURCES	<ul style="list-style-type: none">CH 1: THE INDIAN CONSTITUTION
MAY	<ul style="list-style-type: none">CH 3: RULING THE COUNTRY'S IDE	<ul style="list-style-type: none">CH 2 : LAND, SOIL, WATER AND NATURAL VEGETATION	<ul style="list-style-type: none">CH 1: THE INDIAN CONSTITUTION (CONT)CH 2 SECULARISM

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

JULY	<ul style="list-style-type: none"> • CH 5: WHEN PEOPLE REBEL 	<ul style="list-style-type: none"> • CH 4: AGRICULTURE 	<ul style="list-style-type: none"> • CH 3: WHY DO WE NEED A PARLIAMENT?
AUGUST	<ul style="list-style-type: none"> • CH 9: WOMEN, CASTE AND REFORM 	<ul style="list-style-type: none"> • CH 5: INDUSTRIES 	<ul style="list-style-type: none"> • CH5: JUDICIARY •
SEPTEMBER	<ul style="list-style-type: none"> • REVISION 	<ul style="list-style-type: none"> • REVISION 	<ul style="list-style-type: none"> • CH- 7: UNDERSTANDING MARGINALIZATION • REVISION
OCTOBER	<ul style="list-style-type: none"> • CH 7: CIVILISING THE NATIVE, EDUCATING THE NATION 	<ul style="list-style-type: none"> • CH- 6: HUMAN RESOURCES 	<ul style="list-style-type: none"> • CH 9: PUBLIC FACILITIES
NOVEMBER	<ul style="list-style-type: none"> • CH 11: THE MAKING OF THE NATIONAL MOVEMENT: 1870S – 1947 	<ul style="list-style-type: none"> • CH- 6: HUMAN RESOURCES (CONT.) 	<ul style="list-style-type: none"> • CH 10: LAW AND SOCIAL JUSTICE
DECEMBER	CH 11: THE MAKING OF THE NATIONAL MOVEMENT: 1870S – 1947 (CONT.)	REVISION	REVISION
JANUARY	REVISION	REVISION	REVISION
FEBRUARY	ANNUAL EXAMINATIONS	ANNUAL EXAMINATIONS	ANNUAL EXAMINATIONS

HINDI

MONTH	SYLLABUS
अप्रैल	वसंत - पाठ - २ लाख की चूड़ियाँ व्याकरण - पाठ १ भाषा, लिपि और व्याकरण औपचारिक पत्र
मई	वसंत - पाठ ३ बस की यात्रा ज्ञानसागर - पाठ १ शिवाजी को शिक्षा व्याकरण - पाठ २ वर्णविचार • अपठित गद्यांश
जुलाई	वसंत - पाठ ४ दीवानों की हस्ती व्याकरण - पाठ ३ संधि (स्वर संधि) ज्ञानसागर - पाठ ७ वृद्धा उपहार • अनुच्छेद लेखन
अगस्त	वसंत - पाठ ६ भगवान के डाकिए (कविता) पाठ ७ क्या निराश हुआ जाए (निबंध) व्याकरण - पाठ - ४ शब्द विचार
सितंबर	वसंत - पाठ ८ यह सबसे कठिन समय नहीं (कविता) (काव्यपाठ) पाठ - ९ कबीर की साखियाँ व्याकरण - पाठ ७ संज्ञा के विकार (कारक)
अक्टूबर	वसंत - पाठ १३ जहाँ पहिया है ज्ञानसागर - पाठ ९ श्री कृष्ण और ऋषि उत्तंक व्याकरण - पाठ ९ विशेषण • अनौपचारिक पत्र
नवम्बर	वसंत - पाठ १२ सुदामा चरित पाठ १४ अकबरी लोटा (कहानी) ज्ञानसागर - पाठ १३ ईमानदारी की विजय व्याकरण - पाठ १० क्रिया • अनुच्छेद लेखन

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

दिसंबर	वसंत - पाठ १५ सूर के पद ज्ञानसागर - पाठ १४ नाना फडणवीस की चतुराई व्याकरण - पाठ १२ अविकारी शब्द (क्रियाविशेषण) • अशुद्धि-शोधन, • अपठित गद्यांश
जनवरी	वसंत - पाठ १६ पानी की कहानी पाठ १७ बाज और साँप ज्ञानसागर - पाठ १५ मेवाड का गौरव व्याकरण - पाठ १२ अविकारी शब्द (संबंध बोधक, समुच्चय बोधक, विस्मयादि बोधक तथा निपात)
फरवरी	पुनरावृत्ति

	सामयिक 1	अर्द्धवार्षिक	सामयिक 2	वार्षिक परीक्षा
पर्यायवाची शब्द	1-10	11-20-	21-30	31-40
विलोमशब्द	1-10	11-20	21-30	31-40
अनेकार्थी शब्द	1-6	6-12	13-18	19-24
श्रुतिसमभिन्नार्थकशब्द	1-5	6-10	11-15	16-20
वाक्यांश के लिए एकशब्द	1-10	11-20	21-30	31-40
मुहावरे	1-7	8-14	15-21	22-28
लोकोक्तियाँ	1-5	6-10	11-15	16-20

GENERAL KNOWLEDGE

MONTH	SYLLABUS
APRIL	<ol style="list-style-type: none"> 1. IN THE LAND OF SECULARISM 2. SYMBOL OF OUR RICH HERITAGE 3. ON PILGRIM'S TRAIL 4. SEVEN SISTERS 5. UNION TERRITORIES 6. GOVERNMENT OURSELVES 7. RAPID FIRE-1

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

MAY	8. WORDS WITH WORDS 9. I.Q. TEST 1 10. SOME WELL-KNOWN PLACES 11. MAKERS OF DESTINY 12. UNITED NATIONS ORGANISATION 13. EXPLORING THE ANIMAL WORLD 14. HERBS, SEEDS AND SPICES 15. TOXIC PLANTS
JULY	16. RAPID FIRE-2 17. WORLD CHAIN 18. I.Q. TEST 2 19. SPECIALISED STUDIES 20. INDIAN SCIENTISTS 21. OF FEVER AND DRUGS 22. UNDERSTANDING DISEASES
AUGUST	23. LIFESTYLE DISEASES 24. YOGA AND LIFESTYLE DISEASES 25. VITAMINS FOR HEALTH 26. RAPID FIRE -3 27. ANAGRAM PUZZLE 28. I.Q. TEST 3 29. SPORTS LEGENDS
SEPTEMBER	52. ME TOO CROREPATI, SET 1, SET 2
OCTOBER	30. REGIONAL POWER 31. FIGMENTS OF IMAGINATION 32. THE FASCINATING WORLD OF FILMS 33. WOMEN FILM DIRECTORS 34. BOLLYWOOD PLUS 35. HONOURS AND AWARDS 36. RAPID FIRE- 4
NOVEMBER	37. WHAT IS GOOD WORD? 38. I.Q. TEST 4 39. IMPORTANT GENERAL TERMS 40. ENSURING SOCIAL WELFARE 41. POLITICAL PARTIES OF INDIA 42. PORTRAIT GALLERY
DECEMBER	43. GENERAL AWARENESS 44. BRUSH OR CHISEL 45. MYTHOLOGY 46. SOUND AND RHYTHM 47. CLASSICAL DANCES OF INDIA 48. DANCING FEET
JANUARY	49. RAPID FIRE- 5 50. HOW STRONG IS YOUR VOCABULARY 51. I.Q. TEST- 5 52. ME TOO CROREPATI, SET 3, SET 4, SET 5
FEBRUARY	REVISION

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

COMPUTER SCIENCE

MONTH	SYLLABUS
APRIL	L-1: COMPUTER NETWORKING L-10 DOMAINS OF AI
MAY	L-11: FUTURE OF AI
JULY	L-4: IMAGES, LINKS & FRAMES IN HTML5
AUGUST	L-5: FORMS IN HTML5
SEPTEMBER	L- 3: TRENDING TECHNOLOGIES
OCTOBER	L-6: ALGORITHMIC INTELLIGENCE
NOVEMBER	L-7: LOOPS IN PYTHON
DECEMBER	L-8: FUNCTIONS AND STRING IN PYTHON
JANUARY	L-9: LIST IN PYTHON
FEBRUARY	L-2: KRITA – IMAGE EDITING REVISION

DRAWING AND PAINTING

MONTH	TOPIC	DESCRIPTION
APRIL/MAY	ELEMENTS OF ART	LINE, COLOUR, VALUE, TEXTURE, SHAPE AND SPACE
JULY	STILL LIFE SANJHI ART	SHAPES IN OBJECTS , MANY FORMS MULTIPLE SHADOWS, SIMPLE COMPOSITIONS IN DIFFERENT STYLES

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

AUGUST	NATURAL FORMS	LEAVES AND FLOWERS, GRASS STROKES, PLANTS AND TREES, MOUNTAINS AND WATER BODIES
SEPTEMBER/ OCTOBER	ANIMALS AND BIRDS	ANIMALS, BIRDS, FISH, REPTILES, INSECTS
NOVEMBER	HUMAN FIGURE	FACE AND FEATURES, HUMAN FACE, HUMAN HANDS, STUDY OF FEET, HUMAN FIGURE, PORTRAIT MAKING
DECEMBER	HUTS AND HOUSES	MUDDY HOUSE, COTTAGE, BUILDINGS, STREET SCENE, LOTUS TEMPLE
JANUARY	EXPLORING ART FUN AND FICTION	KNIFE PAINTING, SPRAY PAINTING, TIE AND DIE, SKETCH PAINTING CARICATURE AND CHARACTERIZATION
FEBRUARY	CREATIVE CRAFT RANGOLI	COLLAGE, PAPER CRAFT, PHOTO FRAME, FINGER PUPPET, PAPER FLASK

VALUE EDUCATION

MONTH	SYLLABUS
APRIL	L1-PHYSICAL FITNESS: FIT AND FINE
MAY	L2-HANDLING EMOTIONS: WHY SOME BIG ATHLETES FAIL AT CRUCIAL MOMENTS? L3-THE TIME MANAGEMENT: HOW ENGAGED ARE WE DIGITALLY? L4-SPIRITUAL PHILOSOPHICAL CONCEPTS: FROM TEMPORAL TO ETHEREAL
JULY	L5-CUSTOMS & TRADITIONS: PERSONALITY CLASSIFICATION L6-CIVIC CONSCIOUSNESS-INDIAN NATIONAL PLEDGE
AUGUST	L7-ENVIRONMENTAL EDUCATION: KUMIZHI DOES A DEEP DIVE L8-HYGIENE: BEAUTY IN NATURE L9- AESTHETICS: LET US BE INSPIRED
SEPTEMBER	L10-SPIRITUAL LEADER AND CONTRIBUTORS-RISHI NARADA L11-FESTIVALS: SHIVRATRI
OCTOBER	L12-STRENGTHS: UNIVERSITIES OF ANCIENT INDIA L13-VASUDHAIVA KUTUMBAKAM: AROUND THE WORLD IN 80 MINUTES L14-PHYSICAL GROOMING: A PUBLIC FIASCO
NOVEMBER	L15-HANDLING RELATIONSHIPS: SRI RAMA'S EXILE L16-INDEPENDENT THINKING: DHYAN CHAND-INDIA'S HOCKEY LEGEND L17-FAITH BEARS FRUIT
DECEMBER	L18- CULTURAL HERITAGE AND AWARENESS: ARTHASHASTRA L19-UNSUNG HEROES OF INDIA
JANUARY	L20-HEALTH EDUCATION: LEARNING FROM THE WILD L21-MENTAL HEALTH: IMPACT AND IMPORTANCE OF EQ
FEBRUARY	L22- CULTURAL HERITAGE AND AWARENESS: THE LAND OF THE ANCIENT

DANCE

MONTH	SYLLABUS
APRIL	*SINGLE AND DOUBLE HAND MUDRAS (ASAMYUKTA AND SAMYUKTA HAST MUDRAS)
MAY	*SINGLE AND DOUBLE HAND MUDRAS (ASAMYUKTA AND SAMYUKTA HAST MUDRAS) (CONTINUED)
JULY	*VARIOUS FORMS OF SALSA I)LATIN SALSA II)CUBA SALSA III)MAMBO
AUGUST	*CONTINUATION OF FORMS OF SALSA WITH BACHATA, CHACHA, WALTZ. * PATRIOTIC DANCE
SEPTEMBER	*ACTIVITY ON LEARNING TO CREATE DANCE IN DANCE DRAMA
OCTOBER	*TARANA- A SET OF PRESENTATION BASED ON NATURE IN KATHAK STYLE.
NOVEMBER	*TARANA- A SET OF PRESENTATION BASED ON NATURE IN KATHAK STYLE. (CONTINUED)
DECEMBER	*FUSION OF ALL THE INDIAN CLASSICAL FORM OF DANCE.
JANUARY	*NAGA DANCE-FOOT TAPPING DANCE WITH STICKS.
FEBRUARY	*RECAPITULATION AND ASSESSMENTS BASED ON ALL THE ITEMS LEARNT THROUGHOUT THE YEAR.

MUSIC (VOCAL)

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none">• ALANKAR EXERCISE• BENGALI FOLK SONG
MAY	<ul style="list-style-type: none">• DEFINATION AND FORMS OF MUSIC• GURU PADUKA STROTRAM (CCMT)
JULY	<ul style="list-style-type: none">• “SHRI RADHE GOVINDA” BHAJAN• PALTA EXERCISE (FOUR SWARA)
AUGUST	<ul style="list-style-type: none">• PATRIOTIC SONG: “SWARG SE SUNDER DESH HUMARA”
SEPTEMBER	<ul style="list-style-type: none">• GANGA STROTRAM (CCMT)• MARATHI VITTHAL BHAJAN
OCTOBER	<ul style="list-style-type: none">• MOTIVATIONAL SONG: “GALAT MAT KADAM BADA0”• DEFINATION OF MUSIC: (AROH-AVROH, PAKAD, TAAI, STHAI-ANTRA)
NOVEMBER	<ul style="list-style-type: none">• RAAG BHAIRAVI “TARANA”• (INTRODUCTION OF AROH-AVROH, PAKAD, STHAI AND ANTRA)
DECEMBER	<ul style="list-style-type: none">• BIOGRAPHY OF PT. BHIMSEN JOSHI• (SPECIAL REFERENCE TO HIS CONTRIBUTION IN INDIAN CLASSICAL MUSIC.)
JANUARY	<ul style="list-style-type: none">• SARASWATI VANDANA GEET: “VANI KALA ROOPINI”• “AAO GURUDEV” BHAJAN
FEBRUARY	<ul style="list-style-type: none">• EVALUATION AND GRADING OF STUDENTS PERFORMANCE

PHYSICAL EDUCATION AND YOGA

MONTH	PHYSICAL EDUCATION	YOGA
APRIL	WARMING UP STRETCHING EXERCISES LINE FORMATION INTRODUCTION OF CRICKET, FOOTBALL, VOLLEYBALL AND BASKETBALL CRICKET-GRIP OF THE BAT, PLACEMENT OF THE BAT, HOLDING THE BAT. FOOTBALL-PLACEMENT OF THE FOOT. BASKETBALL-GRIP OF THE BALL. VOLLEYBALL-SERVICE SKILLS CRICKET-FORWARD DEFENCE, GRIP OF THE BALL. BASKETBALL-TYPES OF DRIBBLING VOLLEYBALL-TYPES OF SERVICE FOOTBALL-PASSING AND RECEIVING	WARMING UP STRETCHING EXERCISES BALANCE DIET NAUKASANA ANULOM-VILOM PRANAYAM
MAY	WARMING UP STRETCHING EXERCISES LINE FORMATION TROPHIES NAMES SKILLS CRICKET- TYPES OF SHOTS FOOTBALL-TYPES OF SHOOTING VOLLEYBALL-TYPES OF PASSING BASKETBALL-TYPES OF PASSING	WARMING UP STRETCHING EXERCISES SURYA NAMASKAR KAPALBHATI PRANAYAMA FRUITS -BENEFITS AND SIDE E

JULY	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION POSITIONING OF THE PLAYERS SKILLS CRICKET-TYPES OF SHOTS FOOTBALL-TYPES OF SHOOTING VOLLEYBALL-TYPES OF PASSING AND BLOCKING BASKETBALL-DRIBBLING AND SHOOTING</p>	<p>WARMING UP STRETCHING EXERCISES BHUJANGASANA ANULOM-VILOM PRANAYAMA WATER-BENEFITS AND SIDE EFFECTS</p>
AUGUST	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION TERMINOLOGIES SKILLS AND MATCH PRACTICE CRICKET-TYPES OF SHOTS AND BOWLING FOOTBALL-SHOOTING, TOUCH AND BALL CONTROL VOLLEYBALL-TYPES OF PASSING, BLOCKING AND BALL TAPPING BASKETBALL-DRIBBLING AND SHOOTING</p>	<p>WARMING UP STRETCHING EXERCISES MUDRAS BASED ON FIVE ELEMENTS</p>
SEPTEMBER	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION FAMOUS PERSONALITIES SKILLS AND MATCH PRACTICE CRICKET-TYPES OF SHOTS AND BOWLING FOOTBALL-SHOOTING TOUCH AND BALL CONTROL VOLLEYBALL-TYPES OF PASSING, BLOCKING AND BALL TAPPING BASKETBALL-DRIBBLING AND SHOOTING</p>	<p>WARMING UP STRETCHING EXERCISES GOMUKHASANA BHRAMRI PRANAYAMA</p>

OCTOBER	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION TOURNAMENTS SKILLS CRICKET-TYPES OF SHOTS, BOWLING AND FIELDING FOOTBALL-HEADING, TOUCH AND BALL VOLLEYBALL-TYPES OF SERVING, PASSING, HITTING BASKETBALL-REBOUNDING</p>	<p>WARMING UP STRETCHING EXERCISES MARJARYASANA UTTANPADASANA EYES- EXERCISES AND HOME REMEDIES</p>
NOVEMBER	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION SKILLS PRACTICE CRICKET-TYPES OF SHOTS AND BOWLING FOOTBALL-SHOOTING VOLLEYBALL-TYPES OF HITS BASKETBALL-REBOUNDING</p>	<p>WARMING UP STRETCHING EXERCISES DHANURASANA BHUJANGASANA SETUBANDHASANA SHALABHASANA MILK -BENEFITS AND SIDE EFFECTS</p>
DECEMBER	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION SKILLS CRICKET-TYPES OF SHOTS AND BOWLING FOOTBALL-SHOOTING AND HEADING VOLLEYBALL-TYPES OF SERVING, PASSING, BASKETBALL-MEN TO MEN DÉFENSE AND OFFENCE</p>	<p>WARMING UP STRETCHING EXERCISES TRIKONASANA VEERASANA UTTANPADASANA KAPALBHATI MEDITATION</p>
JANUARY	<p>WARMING UP STRETCHING EXERCISES LINE FORMATION SKILLS PRACTICE CRICKET-TYPES OF SHOTS AND BOWLING, FIELDING</p>	<p>WARMING UP STRETCHING EXERCISES DHANURASANA</p>
FEBRUARY	<p>FOOTBALL-PASSING, SHOOTING, VOLLEYBALL-TYPES OF SERVING, PASSING, HITTING BASKETBALL-ZONE DEFENSE</p>	<p>BHUJANGASANA PASCHIMOTANASANA MEDITATION</p>

MUSIC (INSTRUMENTAL)

MONTH	SYLLABUS
APRIL	<ol style="list-style-type: none">1) DEFINITION OF INDIAN CLASSICAL MUSIC.2) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).3) DEFINITION OF INDIAN (10 THAATS)4) BASIC TAAL OF INDIAN CLASSICAL MUSIC (TAAL, DADRA AND KEHRAWA)5) INTRODUCTION OF DHUN RAAG MISHRA PILU
MAY	<ol style="list-style-type: none">1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).2) DEFINITION AND TYPES OF THAATS.3) SARGAM GEET NOTATION OF (PRARTHANA GEETAM).4) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA AND KEHRAWA)5) DHUN RAAG MISHRA PILU
JULY	<ol style="list-style-type: none">1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).2) INTRODUCTION OF RAAG BHOPALI3) AAROH AND AVROH OF RAAG BHOPALI4) RAAG BHOPALI - COMPOSITION IN 16 BEATS.5) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA AND KEHRAWA)6) DHUN RAAG MISHRA PILU
AUGUST	<ol style="list-style-type: none">1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).2) ANTRA OF RAAG BHOPALI3) RAAG BHOPALI COMPOSITION WITH TAANS IN 16 BEATS.4) PATRIOTIC SONG(SARE JAHAN SE ACCHA)5) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA, KEHRAWA AND TEEN TAAL)6) DHUN RAAG MISHRA PILU
SEPTEMBER	GRADES WILL BE GIVEN ON THE BASIS ON SYLLABUS
OCTOBER	<ol style="list-style-type: none">1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS).2) NOTATION OF RAGHUPATI RAGHAVA3) INTRODUCTION OF RAAG AHIR BHAIRAV

SUBJECT TO CHANGE AS PER CBSE GUIDELINES.

	<ol style="list-style-type: none"> 4) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA, KEHRAWA AND TEEN TAAL) 5) DHUN RAAG MISHRA PILU
NOVEMBER	<ol style="list-style-type: none"> 1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS). 2) AAROH AND AVROH WITH PAKAD OF RAAG AHIR BHAIKAV 3) COMPOSITION OF RAAG AHIR BHAIKAV 4) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA, KEHRAWA AND TEEN TAAL) 5) DHUN RAAG MISHRA PILU
DECEMBER	<ol style="list-style-type: none"> 1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS). 2) ANTRA OF RAAG AHIR BHAIKAV 3) RAAG AHIR BHAIKAV- COMPOSITION WITH TAANS 4) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA, KEHRAWA AND TEEN TAAL) 5) DHUN RAAG MISHRA PILU
JANUARY	<ol style="list-style-type: none"> 1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS). 2) REVISION OF PREVIOUS SYLLABUS 3) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA, KEHRAWA AND TEEN TAAL) 4) DHUN RAAG MISHRA PILU 5) GRADES WILL BE GIVEN ON THE BASIS ON SYLLABUS
FEBRUARY	<ol style="list-style-type: none"> 1) ADVANCE EXERCISES OF INDIAN CLASSICAL MUSIC (ALANKARS). 2) REVISION OF PREVIOUS SYLLABUS 3) BASIC TAAL OF INDIAN CLASSICAL MUSIC(TAAL, DADRA, KEHRAWA AND TEEN TAAL) 4) DHUN RAAG MISHRA PILU 5) GRADES WILL BE GIVEN ON THE BASIS ON SYLLABUS