

CHINMAYA VIDYALAYA, NEW DELHI
MONTHWISE SYLLABUS BREAK UP (2024-25)
CLASS: I

SUBJECT: ENGLISH

BOOKS: GROW WITH WORDS (AMITY UNIVERSITY PRESS)
ENGLISH WORKBOOK

MONTH	CHAPTER
APRIL	REVISION OF PREP CONCEPTS: <ul style="list-style-type: none">• WRITING Aa TO Zz• BEGINNING, ENDING AND MIDDLE SOUNDS• ALPHABETICAL ORDER• L-1, MY BIRTHDAY GRAMMAR – NOUNS CREATIVE WRITING
MAY	L-2, I AM A LITTLE TEAPOT MOTHER (POEM) DIGRAPH - SH GRAMMAR – ARTICLES (A/AN) CREATIVE WRITING
JULY	L-3, MY SWEET HOME L-4, MEET MY FAMILY (READING) DIGRAPH – CH GRAMMAR - USE OF THIS/THAT AND THESE/THOSE CREATIVE WRITING
AUGUST	L-5, BALLOONS FOR ME BALLOONS FOR SALE (POEM) DIGRAPH – TH GRAMMAR – PUNCTUATION, CAPITAL/FULL STOP CREATIVE WRITING
SEPTEMBER	L-6, A DAY IN MY LIFE DIGRAPH – WH GRAMMAR - PREPOSITIONS CREATIVE WRITING
OCTOBER	L-7, NEW CLASS DIGRAPH – LL

	GRAMMAR – OPPOSITES, ONE/MANY CREATIVE WRITING
NOVEMBER	L-8, SAVE WATER DIGRAPH – OO, EE GRAMMAR - ADJECTIVES CREATIVE WRITING
DECEMBER	L-9, A BIRD HOUSE HOME, SWEET HOME (POEM) BLENDS – BR, TR GRAMMAR - VERBS CREATIVE WRITING
JANUARY	L-10, MY COMPUTER BLENDS – FL, CL GRAMMAR – USE OF AM/IS/ARE CREATIVE WRITING
FEBRUARY	L-11, GOOD FRIENDS (READING) L-12, SUNNY’S TEDDY BEAR (POEM) BLENDS – PL, FR GRAMMAR – APOSTROPHE S (’S) CREATIVE WRITING
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PATHSHALA (BAGLESS DAYS)

SUBJECT: HINDI

BOOK: JAGRITI

MONTH	CHAPTER
अप्रैल	वर्णमाला स्वरोँ का अभ्यास व्यंजनों क अभ्यास संयुक्ताक्षर (क्ष, त्र, ज्ञ, श्र)
मई	दो, तीन व चार वर्णों वाले शब्द शहद चख
जुलाई	आ की मात्रा वाले शब्द चित्र पहचान कर नाम लिखना बादल आया
अगस्त	इ की मात्रा वाले शब्द रविवार का दिन ई की मात्रा वाले शब्द नाव चली (आओ गाँँ)
सितंबर	उ की मात्रा वाले शब्द चुहिया आई ऊ की मात्रा वाले शब्द

	निकला सूरज स्वयं मूल्यांकन - १
अक्टूबर	ए की मात्रा वाले शब्द मेला ऐ की मात्रा वाले शब्द गीत गाती मैना
नवंबर	ओ की मात्रा वाले शब्द तोता और मोर औ की मात्रा वाले शब्द नौका
दिसंबर	अं की मात्रा वाले शब्द जंगल में मंगल अँ की मात्रा वाले शब्द आँचल की बाँसुरी आओ गिनती सीखें (१-२०)
जनवरी	ॉ की मात्रा वाले शब्द अनोखे दोस्त
फरवरी	ड़ और ढ़ का प्रयोग चित्र देख कर घटना लिखना तितली रानी स्वयं मूल्यांकन - २
मार्च	बुनियादी अवधारणाओं की पुनरावृत्ति मस्ती की पाठशाला (बैग-रहित दिन)

SUBJECT: MATHEMATICS

BOOK: BOOK: GROW WITH NUMBERS (1)

MONTH	CHAPTER
APRIL	BRIDGE THE GAP CH-1 SPATIAL RELATIONSHIPS (DS)
MAY	CH-2 ADDITION (DS)
JULY	CH-2 ADDITION CONT. CH-3 SUBTRACTION (DS)
AUGUST	CH-4 NUMBER AND NUMERATION. (DS)
SEPTEMBER	CH-4 NUMBER AND NUMERATION (CONTD). CH-10 MEASUREMENT (DS)

OCTOBER	CH-9 SHAPES (DS) CH-12 TIME (DS)
NOVEMBER	CH-7 ORDINAL NUMBERS (DS) CH-11 MONEY (DS)
DECEMBER	CH-5 ADDING TENS AND ONES (DS) CH-6 SUBTRACTING ONES AND TENS (DS)
JANUARY	CH- 6 SUBTRACTING ONES AND TENS (CONTD). CH-14 DATA HANDLING (AL)
FEBRUARY	CH-8 SKIP COUNTING. (DS) CH-13 FRACTIONS (AL)
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PATHSHALA (BAGLESS DAYS)

***ABBREVIATIONS:**

DS (DETAILED STUDY): 12

AL (ACTIVITY BASED LEARNING): 02

SUBJECT: ENVIRONMENTAL STUDIES

BOOK: MY VIBRANT PLANET (AMITY UNIVERSITY PRESS)

TERM-I	
MONTH	CHAPTER
APRIL	L- 1 ALL ABOUT ME (AL) L-2 MY FAMILY (DS) MAP: INTRODUCTION OF STATE (PUNJAB) IN THE MAP OF INDIA.
MAY	L- 3THIS IS MY BODY (DS) L-4 MY SENSE ORGANS (DS) MAP: INTRODUCTION OF STATE (BIHAR) IN THE MAP OF INDIA.
JULY	L- 5 MY BODY NEEDS FOOD FOR HEALTH (PL) L-6 MY BODY NEEDS CARE (AL) MAP: INTRODUCTION OF STATE (ORISSA) IN THE MAP OF INDIA.
AUGUST	L- 13 LIVING AND NON- LIVING THINGS (AL) L- 14 PLANT LIFE (DS) MAP: INTRODUCTION OF STATE (RAJASTHAN) IN THE MAP OF INDIA.
SEPTEMBER	L- 15 ANIMAL LIFE (DS) L- 7 MY HOME (AL) L-8 MY SCHOOL (AL) MAP: INTRODUCTION OF STATE (MAHARASHTRA) IN THE MAP OF INDIA.
OCTOBER	L- 11 MEANS OF TRANSPORT (PL) L- 12 SAFETY RULES (AL) MAP: INTRODUCTION OF STATE (WEST BENGAL) IN THE MAP OF INDIA.
NOVEMBER	L- 9 PEOPLE WHO HELP ME(DS)

	L- 10 FESTIVALS (DS) MAP: INTRODUCTION OF STATE (DELHI) IN THE MAP OF INDIA.
DECEMBER	L- 16 THE EARTH AND THE SKY (DS) MAP: INTRODUCTION OF STATE (GOA) IN THE MAP OF INDIA.
JANUARY	L- 17 SEASONS (DS) MAP: INTRODUCTION OF STATE (KERALA) IN THE MAP OF INDIA.
FEBRUARY	L- 18 SAVE THE EARTH (AL) MAP: INTRODUCTION OF STATE (KERALA) IN THE MAP OF INDIA.
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PATHSHALA (BAGLESS DAYS)

***ABBREVIATIONS:**

DS (DETAILED STUDY): 09

PL (PROJECT BASED LEARNING): 02

AL (ACTIVITY BASED LEARNING): 07

SUBJECT: VALUE EDUCATION

TEXTBOOK: LIFE AN ARADHANA (1)

MONTH	CHAPTER
APRIL	L 11- HANUMAN'S GIANT LEAP (AL) L 1 - MANU SMILES AGAIN (DS)
MAY	L 19 - THE MAN WHO GREW A FOREST! (AL) L 18 - THE BLIND BEGGAR (DS)
JULY	L 3 - THE SORTING GAME (DS) L 7 - RAGHAV FINDS A FRIEND (DS)
AUGUST	L 2 - ARUNA SAYS CHEESE (AL) L 14 - WE ARE FAMILY (DS)
SEPTEMBER	L 15 - LATHA SITS TALL (DS) L 4 - ROHAN'S JOURNEY (AL)
OCTOBER-	L 8 - EAT A FOOD RAINBOW (AL) L 20 - THE DISAPPEARING DUSTBIN (DS)
NOVEMBER	L 9 - A DAY AT THE BEACH (AL) L 10 - THE BODY GETS WORKING TOGETHER (DS) L 17 - THE MISSING SCHOOL BOOK (DS)
DECEMBER	L 16 - ALL FOR THE BEST! (DS) L 13 - GRANNY AND YOGA (AL)
JANUARY	L 6 - I AM INDIA (AL) L 12 - THE SONG OF RESPECT (DS)
FEBRUARY	L 5 - TOTU BRINGS IN HOLI (DS)
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PATHSHALA (BAGLESS DAYS)

ABBREVIATIONS:

DS (DETAILED STUDY): 12

AL (ACTIVITY BASED LEARNING): 08

SUBJECT: G.K

MONTH	CHAPTER
APRIL	WORLD HEALTH DAY EARTH DAY
MAY	WORLD CARTOONIST DAY
JULY	WORLD DOCTOR'S DAY WORLD TIGER DAY
AUGUST	INDEPENDENCE DAY NATIONAL SPORTS DAY
SEPTEMBER	TEACHER'S DAY WORLD TOURISM DAY
OCTOBER	WORLD ANIMAL DAY INTERNATIONAL FOOD DAY
NOVEMBER	CHILDREN'S DAY FESTIVALS CELEBRATED IN NOVEMBER
DECEMBER	NATIONAL FARMER'S DAY MERRY CHRISTMAS
JANUARY	REPUBLIC DAY
FEBRUARY	TELL A FAIRY TALE DAY NATIONAL SCIENCE DAY
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PATHSHALA (BAGLESS DAYS)

COMPUTER:

MONTH	CHAPTER
APRIL	INTRODUCTION TO COMPUTER
MAY	PARTS OF COMPUTER
JULY	LET'S LEARN TO USE KEYBOARD AND MOUSE
AUGUST	WORD PAD

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

SEPTEMBER	NOTE PAD
OCTOBER	MS PAINT
NOVEMBER	MS PAINT
DECEMBER	INTRODUCTION TO TUX PAINT
JANUARY	MORE ON TUX PAINT
FEBRUARY	INTRODUCTION TO ARTIFICIAL INTELLIGENCE
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PATHSHALA (BAGLESS DAYS)

ART:
BOOK : ART AND CRAFT BOOK

MONTH	TOPIC
APRIL	<ol style="list-style-type: none"> 1. FREE HAND DRAWING-HAPPY NEW SESSION 2. PRINTING MAKING (HONEY BEE) 3. STEP BY STEP -SUMMER SEASON
MAY	<ol style="list-style-type: none"> 1. MOTHER`S DAY ACTIVITY
JULY	<ol style="list-style-type: none"> 1. RAINY SEASON DRAWING 2. POSTER MAKING (SAVE ENVIRONMENT) 3. THUMB PRINTING
AUGUST	<ol style="list-style-type: none"> 1. INDEPENDENCE DAY CELEBRATION ACTIVITY 2. PATTERN MAKING
SEPTEMBER	<ol style="list-style-type: none"> 1. TEACHERS DAY CARD MAKING 2. RANGOLI DESIGN WITH GEOMETRICAL SHAPE 3. TEACHER`S DAY DRAWING
OCTOBER	<ol style="list-style-type: none"> 1. FREE HAND DRAWING-DUSSEHRA 2. ORIGAMI SCENE DEPICTION 3. DIYA MAKING AND DECORATION 4. DIWALI DRAWING STEP BY STEP

NOVEMBER	1. FREE HAND DRAWING-CHILDREN'S DAY 2. PUPPET MAKING WITH LINE DRAWING
DECEMBER	1. CHRISTMAS TREE AND DECORATION DRAWING 2. FREE HAND DRAWING-WINTER SEASON
JANUARY	1. FREE HAND DRAWING-HAPPY NEW YEAR 2. FREE HAND DRAWING REPUBLIC DAY
FEBRUARY	1. DOODLING ART 2. DIFFERENT KINDS OF PRINTING USING POSTER COLOURS
MARCH	1.MASTI KI PATHSHALA 2. INCOMPLETE DRAWINGS AND ACTIVITIES WILL BE COMPLETED

DANCE:

MONTH	TOPIC
APRIL	AEROBICS WITH NUMBERS WARM UP EXERCISES FOLK DANCE OF PUNJAB
MAY	AEROBICS WITH DANCE CELEBRATE WITH DANCE AROUND THE WORLD- FREESTYLE DANCE
JULY	FOLK DANCE (BIHU FROM ASSAM)
AUGUST	INTRODUCING KATHAK BASIC STEPS (TATKAR)
SEPTEMBER	KATHAK DANCE STEPS WITH SMALL TUKRA KATHAK DANCE STEPS WITH BASIC HAND MOVEMENTS, EYE MOVEMENTS AND DANCE TUKRA
OCTOBER	LEARNING NUMBERS WITH DANCE-DANCE STEPS FORMING VARIOUS NUMBER TABLES

NOVEMBER	FUN WITH SEASONS-HIPHOP DANCE ON DIFFERENT SEASONS
DECEMBER	BALLET JAZZ DANCE ON CHRISTMAS CAROL
JANUARY	PATRIOTIC SEMI CLASSICAL DANCE ON MAITREEM BHAJATA
FEBRUARY	MEDLEY OF DANCE – SEMI CLASSICAL
MARCH	MASTI KI PATHSHALA

MUSIC:

MONTH	TOPIC
APRIL	<ul style="list-style-type: none"> • (KARCHARAN KRITAM) • OM TRIYAMBAKAMYAJAMAHE • SADASHIV SAMARAMBHAM • NATURE SONG (VARSHA RANI) • OM GANANAAM • VAKRATUND MAHAKAYE
MAY	<ul style="list-style-type: none"> • AJAM NIRVIKALPAM • GUNATEETMANAM CHIDANANDARUPAM • JAGAT KARANAM • NATURE SONG (RANG BIRANGI) • MOTHER SONG (PYARI MUMMY)
JULY	<ul style="list-style-type: none"> • VASUDEV SUTAMDEVAM • MUKAM KAROTI VACHALAM • SHANTAKARAM BHUJAGSHAYANAM • LAXMI KANTAM • GURU PURNIMA(GURU BHAJAN)
AUGUST	<ul style="list-style-type: none"> • PATRIOTIC SONG (TEEN RANG KA APNA) • KRISHNA BHAJAN <p>MUSIC GRADES WILL BE GIVEN TO THE STUDENTS ON THE BASIS OF MUSIC SYLLABUS FOR I TERM</p>
SEPTEMBER	<ul style="list-style-type: none"> • AKHANDA MANDALAKARAM • AGYANTIMI RANDHASYA • GURURBHARMA GURURVISHNU • STAVARAM JANGAMAM • GANESH CHATURTHI (GANESH BHAJAN)
OCTOBER	<ul style="list-style-type: none"> • SARASWATI NAMASTUBHYAM • YADEVI SARVBHUTESU • YAKUNDENDU TUSHAR • BAAL GEET • GANDHI JAYANTI(RAGHU PATI RAGHAV)

NOVEMBER	<ul style="list-style-type: none"> • SOORYA SOMAAYE • BUDDHIR BALAM YASHO • BEFORE MEAL (OM BHRAMHA ARPANAM) DIWALI SONG(AAYI DIWALI)
DECEMBER	<ul style="list-style-type: none"> • SHUBHAM KAROTI • SAMASTJAN KALYANE • SHANTI MANTR (OM PURNAMADA) CHRISTMAS SONG
JANUARY	<ul style="list-style-type: none"> • KRISHNA ASHTAKAM • VASUDEV SUTAM DEVAM • ATSI PUSHP REPUBLIC DAY (PATRIOTIC SONG)
FEBRUARY AND MARCH	MUSIC GRADES WILL BE GIVEN TO THE STUDENTS ON THE BASIS OF MUSIC SYLLABUS FOR II TERM <ul style="list-style-type: none"> • SANSKRIT (BIRTHDAY SONG) • MASTI KI PATSHALA (BAG LESS) INSPIRATIONAL SONG

PHYSICAL EDUCATION:

MONTH	ACTIVITIES
APRIL	LOCOMOTOR ACTIVITIES: WALKING: WALK IN LINE, TRAIN WALK, DISTANCE MAINTAINING WALK RUNNING : (JOGGING & SPRINTING) JUMPING: (ON THE SPOT & RUNNING WITH JUMPS) PEC ACTIVITIES
MAY	NON-LOCO MOTOR ACTIVITIES: BENDING: FRONT ,BACK AND SIDE WAYS STRETCHING: FULL BODY STRETCHING INTERNATIONAL DAY OF YOGA
JULY	P.T EXERCISE NUTRITION AND DIET (BASIC LEVEL) WARM UP EXERCISE RECREATIONAL GAME- HOOPLA GAMES DODGE BALL (GAME) YOGA: YOGIC WARM UP
AUGUST	NATIONAL SPORTS DAY CATCHING & THROWING SKILLS P.T EXERCISE NUTRITION AND DIET FOLLOW THE LEADER (GAME) YOGA: YOGIC WARM UP
SEPTEMBER	ANIMAL POSTURES AND MOVEMENTS CATCHING & THROWING SKILLS (TARGET GAMES) RACES P.T EXERCISE (WITH JUMP) YOGA: PALM TREE POSE

OCTOBER	TWISTING, TURNING, STRETCHING AND RELAXING MOVEMENTS DIFFERENT KINDS OF RACES: FLAT RACE & RELAY RACE PERSONAL HYGIENE DOG IN THE BONE(GAME) YOGA: ARDH VRIKSHASNA
NOVEMBER	STABILITY SKILLS: LANDING : (JUMP AND LAND) BALANCE : ONE LEG BALANCE ROTATION : BODY PARTS ROTATION FIT INDIA WEEK
DECEMBER	WALL CLIMBING YOGA: PARVATASANA P.T EXERCISE (WITH CLAPPING) CATCH BALL GAME
JANUARY	OBSTACLE COURSE YOGA: BADDHA KONASANA DOG AND THE BONE
FEBRUARY	GAMES BASED ON INSTRUCTIONS YOGA: BALLOON BREATHING
MARCH	MASTI KI PAATHSHALA (BAG-LESS SCHOOL)