

CHINMAYA VIDYALAYA, NEW DELHI
MONTHWISE SYLLABUS BREAK UP (2024-25)
CLASS: IV

SUBJECT: ENGLISH

TEXTBOOK - REAL ENGLISH -4 VIVA
GRAMMAR - GRAMMAR MAGIC IV MADHUBAN

MONTH	CHAPTER
APRIL	COURSE BOOK: L-2 THE GOLD IN THE HAT GRAMMAR MAGIC: L-1 ALPHABETICAL ORDER (ACTIVITY) L-7,8,9 (NOUNS-COMMON, PROPER, COLLECTIVE) L- 16 -ARTICLES READING SKILLS- UNSEEN PASSAGE WRITING SKILLS: PICTURE COMPOSITION, PARAGRAPH WRITING
MAY	COURSE BOOK: L-3 A BEAUTIFUL DAY (POEM) GRAMMAR MAGIC: L- 10 TO L-12 NOUNS (COUNTABLE & UNCOUNTABLE, NUMBER, GENDER) REVISION
JULY	COURSE BOOK: L-4 SHIBI'S JUSTICE L -12 ON THE DESERT (POEM-RECITATION) GRAMMAR MAGIC: L- 14 &15 ADJECTIVES & COMPARISON, L-17 PRONOUNS L-28 ADVERBS READING SKILLS: UNSEEN PASSAGE WRITING SKILLS: INFORMAL LETTER
AUGUST	COURSE BOOK: L-5 THE ARROW AND THE SONG (POEM) L-11 KITES (READING) GRAMMAR MAGIC: L-18 VERBS
SEPTEMBER	COURSE BOOK: L-1 DREAMS (POEM) L-13 THE WONDERFUL TEA KETTLE (READING) GRAMMAR MAGIC: L-30 SUBJECT AND VERB AGREEMENT WRITING SKILLS- PARAGRAPH WRITING
OCTOBER	COURSE BOOK: L-8 A FAMILY ON THE ROOF L -10 THE BIG BABOON

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

	(POEM-RECITATION) GRAMMAR MAGIC: L-3 KINDS OF SENTENCES L-34 PUNCTUATION READING SKILLS- UNSEEN COMPREHENSION WRITING SKILLS- INFORMAL LETTER WRITING
NOVEMBER	COURSE BOOK: L-9 WHAT COLOUR IS THAT CREATURE? L-7 THE SPINNING SAGE (POEM -RECITATION) GRAMMAR MAGIC: L 19 TO L-25 TENSES (SIMPLE & CONTINUOUS) WRITING SKILLS- DIALOGUE WRITING AND INFORMAL LETTER WRITING REVISION
DECEMBER	COURSE BOOK: L- 6 THE ADVENTURES OF LITTLE AL L- 14 THE FREE MAN (POEM) GRAMMAR MAGIC: L-32 PREPOSITIONS L-35 SIMILES (ACTIVITY)
JANUARY	COURSE BOOK: L-16 A WOLF'S CUB L -15 A MAN'S CUB (READING) GRAMMAR MAGIC: L-31 CONJUNCTIONS REVISION - INFORMAL LETTER, PARAGRAPH WRITING UNSEENCOMPREHENSION
FEBRUARY	REVISION OF BASIC CONCEPTS
MARCH	REVISION OF BASIC CONCEPTS MASTI KI PAATHSHALA (BAGLESS DAYS)

SUBJECT: HINDI

TEXTBOOK - उद्भव (हिंदी पाठमाला)

GRAMMAR - सहज हिंदी व्याकरण - 4

MONTH	CHAPTER
APRIL	उद्भव - पाठ 2 अनूठा उपहार व्याकरण - पाठ 1 भाषा, पाठ 2 वर्ण, वर्णमाला और मात्रा, पाठ 5. संज्ञा, अपठित गद्यांश, चित्र वर्णन, पाठ 21 श्रवण व वाचन कौशल

MAY	उद्भव - व्याकरण -	पाठ 1 हम सब सुमन एक उपवन के पाठ 3 कुँ का विवाह * जिम कॉर्बेट (राष्ट्रीय उद्यान) (केवल पढ़ने के लिए) पाठ 3 शब्द पाठ 4 वाक्य
JULY	उद्भव - व्याकरण-	पाठ 5 ऐसे ऐसे * जहाँ चाह वहाँ राह (केवल पढ़ने के लिए) पाठ 6. लिंग, पाठ 7 वचन पाठ 8 सर्वनाम, पाठ 15 पत्र लेखन, पाठ 21 श्रवण व वाचन कौशल
AUGUST	उद्भव - व्याकरण-	पाठ 7 रेलगाड़ी कहानी लेखन, पाठ 14 मुहावरे
SEPTEMBER	उद्भव - व्याकरण -	पाठ 4 आत्मनिर्भर भारत पाठ 6 सुखी आदमी की कमीज़ पाठ 9 विशेषण, पाठ 21 श्रवण व वाचन कौशल
OCTOBER	उद्भव - व्याकरण-	पाठ 8 पंचतंत्र का जन्म * छह दिव्यांग और हाथी (केवल पढ़ने के लिए) पाठ 10 क्रिया , पर्यायवाची शब्द, विलोम शब्द
NOVEMBER	उद्भव - व्याकरण-	पाठ 9 वसंत का आगमन पाठ 10 चतुर चित्रकार पाठ 12 विराम चिह्न अनेक शब्दों के लिए एक शब्द, पाठ 21 श्रवण व वाचन कौशल
DECEMBER	उद्भव - व्याकरण -	पाठ 11 कोयल का सितार * गुब्बारे पर चीता (केवल पढ़ने के लिए) गिनती , पाठ 20 संवाद लेखन, पाठ 15 पत्र लेखन
JANUARY	उद्भव - व्याकरण-	पाठ 12 सौर मंडल पाठ 18 चित्र वर्णन, पाठ 19 अनुच्छेद लेखन, पाठ 13 अशुद्धि शोधन पाठ 21 श्रवण व वाचन कौशल
FEBRUARY	पुनरावृत्ति	
MARCH	बुनियादी अवधारणाओं की पुनरावृत्ति मस्ती की पाठशाला (बैग-रहित दिन)	

SUBJECT: MATHEMATICS

TEXTBOOK: GROW WITH NUMBERS (4)

MONTH	CHAPTER
APRIL	L-1 NUMBERS AND NUMERATION (DS)
MAY	L-2 ADDITION AND SUBTRACTION (DS) L-7 NUMBER PATTERNS (PL)

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

JULY	L-2 ADDITION AND SUBTRACTION (CONT.) L-3 MULTIPLICATION (DS)
AUGUST	L-4 DIVISION (DS) L-8 UNITARY METHOD (DS)
SEPTEMBER	L-5 FACTORS AND MULTIPLES (DS)
OCTOBER	L-11 AREA AND PERIMETER (DS) L- 10 GEOMETRY (DS)
NOVEMBER	L-6 FRACTIONS (DS) L-13 TIME (AL)
DECEMBER	L-14 PICTORIAL REPRESENTATION OF DATA (PL) L- 9 METRIC SYSTEM (DS)
JANUARY	L-12 MONEY (DS)
FEBRUARY	REVISION OF CONCEPTS
MARCH	REVISION OF BASIC CONCEPTS MASTI KI PAATHSHALA (BAGLESS DAYS)

***ABBREVIATIONS:**

DS (DETAILED STUDY): 11
AL (ACTIVITY BASED LEARNING): 01
PL (PROJECT BASED LEARNING): 02

SUBJECT: ENVIRONMETAL STUDIES

TEXTBOOK: ENVIRONMENTAL STUDIES-4 BY VIVA EDUCATION

MONTH	CHAPTER
APRIL	L-8 THE AMAZING WORLD OF PLANTS (DS) L-2 OUR EXTENDED FAMILY (DS) MAP WORK: TYPES OF TREES AROUND INDIA
MAY	L-16 CLEAN AND SAFE WATER (PBL) L-3 WE CAN SENSE (ABL) MAP WORK: WATER BODIES AROUND INDIA
JULY	L-4 PEOPLE AND THEIR SKILLS (DS) L-11 TEETH AND TONGUE (DS)
AUGUST	REVISION L-9 WASTE AND IT'S MANAGEMENT (ABL)
SEPTEMBER	L-17 THE WORLD OF ANIMALS (DS) L-10 THE JOURNEY OF FOOD (ABL)
OCTOBER	L-13 MAPPING THE NEIGHBOURHOOD (DS) L-18 ANIMAL POWERED TRANSPORT (ABL) MAP WORK : THEMATIC MAPS , LANDFORMS OF INDIA SPECIFYING SELECTED STATES, SYMBOLS AND COLOR KEYS USED IN A MAP

NOVEMBER	L-15 WATER- A NECESSITY (DS) L-19 TRAVEL AND CURRENCY (ABL)
DECEMBER	L-20 BUILDING MATERIALS AND TOOLS (DS) L-12 HOUSES NOW AND THEN (ABL)
JANUARY	L-5 WAYS OF RECREATION (PBL)
FEBRUARY	REVISION OF CONCEPTS
MARCH	REVISION OF BASIC CONCEPTS MASTI KI PAATHSHALA (BAGLESS DAYS)

***ABBREVIATIONS:**

DS (DETAILED STUDY):	08
ABL (ACTIVITY BASED LEARNING):	06
PBL (PROJECT BASED LEARNING):	02

SUBJECT : VALUE EDUCATION

TEXTBOOK: LIFE – AN ARADHANA (4)

MONTH	CHAPTER
APRIL	L-12 OUR FIVE DEBTS (DS) L -10 TIME IS WEALTH (DS)
MAY	L-3 OBSERVATION IS POWER (AL) L-7 BREATH OF LIFE (DS)
JULY	L-8 WE ARE WHAT WE EAT (DS)
AUGUST	L-1 THE GREAT ABHIMANYU (IL-PE)
SEPTEMBER	L-18 THE ADVENT OF STICKY NOTES (AL) L- 4 GOD IS OUR FRIEND (IL-MUSIC) L-14 WAVING HIGH (DS) L-6 DREAM BIG FOR INDIA (IL-DANCE)
OCTOBER	L-19 MAHABHARATA – THE GREAT BATTLE (DS) L-17 BIRD VERSUS THE OCEAN (DS) L-5 DIWALI – THE FESTIVAL OF LIGHTS (IL-DANCE)
NOVEMBER	L-13 INDIA’S CLEANEST TOWN (AL) L-2 MADIBA -THE HERO OF SOUTH AFRICA (DS) L-22 VEDA VYASA (IL-PE)
DECEMBER	L-20 MARTIAL ARTS OF INDIA (DS) L-21 DABBAWALLA’S OF MUMBAI (DS)
JANUARY	L-15 DRESS FOR THE OCCASION (AL) L-23 ORAL TRADITION (IL-MUSIC)
FEBRUARY	REVISION
MARCH	MASTI KI PAATHSHALA (BAGLESS DAYS)

IL (INTEGRATED LEARNING):	06
DS (DETAILED STUDY):	10
AL (ACTIVITY BASED LEARNING):	04

SUBJECT: G.K

TEXTBOOK: THE WORLD AROUND ME

MONTH	CHAPTERS
APRIL	INDIA OUR COUNTRY 1. KNOWING INDIA 2. SPECIALITIES OF INDIAN STATES 4. INDIAN SNACKS 5. BUILDING A VIBRANT ECONOMY 6. THEY SHOWED US LIGHT
MAY	7. A MATTER OF FAITH 9. KNOW YOUR LEADERS 10. WE ARE PROUD OF THEM 11. GREAT ACHIEVERS 12. THEY ARE PART OF HISTORY
JULY	THE WORLD OF NATURE 14. THE GENEROUS PLANT KINGDOM 15. THE BEAUTIFUL WORLD OF FLOWERS 16. ANIMAL WONDERS 17. LIFE IN THE SEA 18. THE WORLD OF INSECTS 19. THEY ALSO TALK
AUGUST	SPORTS, LITERATURE AND ART 33. THE LEGENDS 35. BOOKS AND THEIR AUTHOR
SEPTEMBER	SCIENCE, HUMAN BODY, DISEASES 21. THE TOOLS WE USE 22. USEFUL INSTRUMENTS 23. USEFUL INVENTIONS 24. THE WRATH OF NATURE 25. THE SOLAR SYSTEM 43. HOW DO THEY DRESS 28. THE CUTTING AND GRINDING MACHINE 29. FALLING II
OCTOBER	GENERAL AWARENESS 3. ON THE RIVER BANKS 27. THE FOOD PROCESSOR 31. A SPORTS MISCELLANY 32. SPORTS STARS 42. WORTH SEEING 2 45. FOOD FROM AROUND THE WORLD 26. UNDERSTANDING OUR BODY
NOVEMBER	44. TOGETHER FOREVER 40. TOPPING THE LIST 41. MONEY TO BUY THINGS 46. COME, LET'S DANCE! 47. POPULAR LOGOS

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

DECEMBER	48. AT THE HELM 52. 1.Q. TEST-1 53. I.Q. TEST-2
JANUARY	FUN WITH WORDS 50. WORD SENSE 51. ANAGRAMS
FEBRUARY	54. 1.Q. TEST-3 55. I.Q. TEST-4
MARCH	MASTI KI PAATHSHALA (BAGLESS DAYS)

SUBJECT: COMPUTER

TEXTBOOK: TOUCHPAD

MONTH	CHAPTER
APRIL	CH. 1 - DATA STORAGE AND MEMORY
MAY	CH. 2 - MANAGING FILES AND FOLDERS IN WINDOWS 10
JULY	CH. 3 - MORE ON MS WORD 2019
AUGUST	CH. 4 – INTRODUCTION TO POWERPOINT 2019
SEPTEMBER	CH. 5 – USING A BROWSER
OCTOBER	CH. 7 - MORE BLOCKS IN SCRATCH
NOVEMBER	CH. 8 - CREATING SHAPES IN SCRATCH
DECEMBER	CH. 6 - VISUAL PROCESSING
JANUARY	CH. 9 – GOOGLE BLOCKLY GAMES
FEBRUARY	CH. 10 - EVOLUTION OF AI
MARCH	REVISION OF BASIC CONCEPTS MASTI KI PAATHSHALA (BAGLESS DAYS)

ART

MONTH	TOPICS
APRIL	1. CRAFT ON EARTH'S DAY (HEAD GEAR) 2. WORLD ART DAY ACTIVITY (HAND BAND)

MAY	<ol style="list-style-type: none"> 1. DIFFERENT TYPE OF TREE/FLOWERS/LEAVES 2. FLOWER POT STEP BY STEP DRAWING
JULY	<ol style="list-style-type: none"> 1. QUILTING ART 2. RAINY SEASON DRAWING (OIL PASTELS) 3. SUMMER SEASON DRAWING (BEACH SCENE)
AUGUST	<ol style="list-style-type: none"> 1. CRAFT FOR INDEPENDENCE DAY 2. ART WORK ON JANMASHTAMI (MATKHI MAKING) 3. RAKSHA BANDHAN DRAWING
SEPTEMBER	<ol style="list-style-type: none"> 1. ORANGE, APPLE, POMEGRANATE, BANANA AND MANGO 2. FREE HAND DRAWING ON VEGETABLE SELLER (MARKET SCENE)
OCTOBER	<ol style="list-style-type: none"> 1. ANIMAL MASK 2. GANDHI JAYANTI CRAFT 3. DUSHERA DRAWING STEP BY STEP 4. DRAWING OF MAA DURGA
NOVEMBER	<ol style="list-style-type: none"> 1. MONUMENT DRAWING (INDIA GATE) 2. RANGOLI MAKING (PEBBLE) 3. DIWALI CRAFT
DECEMBER	<ol style="list-style-type: none"> 1. MADHUBANI ART (FOLK ART) 2. BUILDINGS DRAWING 3. SANTA CLAUS DRAWING 4. NEW YEAR CARD
JANUARY	<ol style="list-style-type: none"> 1. WINTER SEASON DRAWING 2. MANDALA ART 3. WARLI ART (FOLK ART) 4. REPUBLIC DAY CRAFT
FEBRUARY	<ol style="list-style-type: none"> 1. RIVERSIDE SCENE 2. VILLAGE SCENE (WATER COLOUR)
MARCH	<ol style="list-style-type: none"> 1. MASTI KI PATHSAALA (BAGLESS DAYS)

DANCE

MONTH	SYLLABUS
APRIL	STRETCHING EXERCISES BAISAKHI BHANGRA DANCE

MAY	ZUMBA DANCE SAMYUKTA HASTA MUDRAS, ASAMYUKTA HASTA MUDRAS, GRIVA BHEDA FREESTYLE DANCE MOVEMENTS-LEARNING THE CURRENT TRENDS OF DANCING OF VARIOUS DANCE BANDS
JULY	FOLK DANCE (RAJASTHANI KALBELIA DANCE)
AUGUST	FOLK DANCE ON RITUALS ACTIVITY ON FOLK DANCES OF INDIA AND PROJECT ON FAVOURITE FOLK DANCE
SEPTEMBER	ODDISSI BASIC STEPS, MANGLACHARAN
OCTOBER	DANCE BALLET-BALLERINA
NOVEMBER	ODISSI MANGLACHARAN
DECEMBER	JAZZ DANCE ON MEDLEY OF CHRISTMAS SONGS
JANUARY	BASIC THEORY ON ODISSI DANCE HASTA MUDRAS GRIVA BHEDA
FEBRUARY	ACTIVITY ON KATHAK FOOT MOVEMENTS AND HAND MUDRAS
MARCH	MASTI KI PATHSHALA

MUSIC

MONTH	SYLLABUS
	<ul style="list-style-type: none"> • (KARCHARAN KRITAM) • OM TRIYAMBAKAMYAJAMAHE • SADASHIV SAMARAMBHAM • NATURE SONG (VARSHA RANI)

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

APRIL & MAY	<ul style="list-style-type: none"> • OM GANANAAM • VAKRATUND MAHAKAYE • AJAM NIRVIKALPAM • GUNATEETMANAM CHIDANANDARUPAM • JAGAT KARANAM • NATURE SONG (RANG BIRANGI) • MOTHER SONG (PYARI MUMMY)
JULY	<ul style="list-style-type: none"> • VASUDEV SUTAMDEVAM • MUKAM KAROTI VACHALAM • SHANTAKARAM BHUJAGSHAYANAM • LAXMI KANTAM • GURU PURNIMA(GURU BHAJAN)
AUGUST	<ul style="list-style-type: none"> • PATRIOTIC SONG (TEEN RANG KA APNA) • KRISHNA BHAJAN • MUSIC GRADES WILL BE GIVEN TO THE STUDENTS ON THE BASIS OF MUSIC SYLLABUS FOR I TERM
SEPTEMBER	<ul style="list-style-type: none"> • AKHANDA MANDALAKARAM • AGYANTIMI RANDHASYA • GURURBHARMA GURURVISHNU • STAVARAM JANGAMAM • GANESH CHATURTHI (GANESH BHAJAN)
OCTOBER	<ul style="list-style-type: none"> • SARASWATI NAMASTUBHYAM • YADEVI SARVBHUTESU • YAKUNDENDU TUSHAR • BAAL GEET • GANDHI JAYANTI(RAGHU PATI RAGHAV)
NOVEMBER	<ul style="list-style-type: none"> • SOORYA SOMAAYE • BUDDHIR BALAM YASHO • BEFORE MEAL (OM BHRAMHA ARPANAM) • DIWALI SONG(AAYI DIWALI)
DECEMBER	<ul style="list-style-type: none"> • SHUBHAM KAROTI • SAMASTJAN KALYANE • SHANTI MANTR (OM PURNAMADA) • CHRISTMAS SONG
JANUARY	<ul style="list-style-type: none"> • KRISHNA ASHTAKAM • VASUDEV SUTAM DEVAM • ATSI PUSHPA • REPUBLIC DAY (PATRIOTIC SONG)

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

FEBRUARY & MARCH	<p>MUSIC GRADES WILL BE GIVEN TO THE STUDENTS ON THE BASIS OF MUSIC SYLLABUS FOR II TERM</p> <ul style="list-style-type: none"> • SANSKRIT (BIRTHDAY SONG) • MASTI KI PATSHALA (BAG LESS) • INSPIRATIONAL SONG
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PHYSICAL EDUCATION

MONTH	ACTIVITIES
APRIL	<p>THROWBALL SERVICE</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. INTRODUCTION OF YOG 2. SUKHASANA 3. VAJRASANA <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • ONE LEG HOPPING-DODGING • FIRE IN THE MOUNTAIN
MAY	<p>THROWBALL COURT PRACTICE -(SERVICE SKILL, THROWING & CATCHING)</p> <p>INTERNATIONAL DAY OF YOGA</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. MANDUKASANA 2. SHASHANKASANA <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • DODGE BALL • FIRE IN THE MOUNTAIN • TAPPING THE BODY PARTS & PICK THE OBJECT
JULY	<p>THROWBALL MATCH PRACTICE 100 MTRS. RACE</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. BADDHA KONASANA 2. SIDDHASANA <p>SHEETALI PRANAYAMA</p> <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • HOOPLA GAME • BALANCE GAME • ZIG-ZAG BALL GAME
AUGUST	FOOTBALL

	<p>PASSING THE BALL RECEIVING THE BALL RELAY RACE</p> <p>NATIONAL SPORTS DAY</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. TADASANA 2. VRIKSHASANA <p>SHITKARI PRANAYAMA</p> <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • STANDING KHO KHO • HANDKERCHIEF GAME • PASS THE SOUND-CLAP
SEPTEMBER	<p>FOOTBALL PASSING THE BALL (TWO MEN PASS & RECEIVE) RECEIVING THE BALL</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. ENGINE DAUD 2. TRATAK KRIYA 3. INHALE & EXHALE (COUNTS) <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • STRAW AND BANGLE • TUNNEL GAME WITH BALL • ICE BREAKER GAME-NUMBER AND ACTION
OCTOBER	<p>FOOTBALL SHOOTING</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. PASCHIMOTANASANA 2. JANUSHIRASANA 3. INHALE & EXHALE (COUNTS) <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • COMMUNICATION GAME • PASS THE BALL • RIVER-BANK
NOVEMBER	<p>BASKETBALL BOUNCE PASS FIT INDIA WEEK (ACTIVITES)</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. TRIKONASANA 2. VEERASANA 3. INHALE & EXHALE (COUNTS) <p>RECREATIONAL GAMES</p>

	<ul style="list-style-type: none"> • PASSING THE PING PONG BALL • FIRE IN THE MOUNTAIN • COORDINATION WITH FRIEND
DECEMBER	<p>BASKETBALL OVERHEAD PASS LAYUP SHOTS</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. ARDHMATSEYNDRASANA 2. GOUMUKHASANA 3. INHALE & EXHALE (COUNTS) <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • PASSING THE ACTION OF ANIMALS • STEP IN/ECHOING WELL • DODGE BALL
JANUARY	<p>BASKETBALL TWO MEN AND THREE MEN PASS SKILL PRACTICE</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. PADAHASTASANA 2. PARVATASANA 3. ALTERNATE NOSTRIL BREATHING <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • NAME & BODY PERCUSSION • CHANTING OF GOD/GODESS NAMES WITH ACTION • CHAIN
FEBRUARY	<p>BASKETBALL MATCH PRACTICE</p> <p>YOGA</p> <ol style="list-style-type: none"> 1. PADAHASTASANA 2. PARVATASANA 3. ALTERNATE NOSTRIL BREATHING <p>RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • NAME & BODY PERCUSSION • CHANTING OF GOD/GODESS NAMES WITH ACTION • CHAIN
MARCH	MASTI KI PAATHSHALA (BAG-LESS SCHOOL)