

CHINMAYA VIDYALAYA, NEW DELHI
MONTHWISE SYLLABUS BREAK UP (2026-27)
CLASS: I

SUBJECT: ENGLISH
BOOK: GEAR UP & TINKER BUDS

MONTH	SYLLABUS
APRIL	TINKER BLOOMS GEAR UP BOOK! <ul style="list-style-type: none"> • WRITING AA TO ZZ • BEGINNING, ENDING AND MIDDLE SOUNDS • DIGRAPH – SH • ALPHABETICAL ORDER
MAY	L - THE MANGO TREE DIGRAPH - TH GRAMMAR - LETTERS-WORDS-SENTENCE RELATION SENTENCE STRUCTURE USE OF THIS AND THAT CREATIVE WRITING
JULY	L - MY TINY DOLL DIGRAPH: CH GRAMMAR - USE OF 'A' AND 'AN' NAMING WORDS CREATIVE WRITING
AUGUST	L - A PROMISE DIGRAPH: QU GRAMMAR - ONE AND MANY USE OF 'IS' AND 'ARE' USE OF 'THIS' AND 'THESE' CREATIVE WRITING
SEPTEMBER	L - SMART RED HEN DIGRAPH: AR GRAMMAR - PRONOUNS USE OF 'THESE' AND 'THOSE' CREATIVE WRITING
OCTOBER	L - THANK YOU, TAFFY DIGRAPH: FF GRAMMAR - ACTION WORDS CREATIVE WRITING
NOVEMBER	L - MONSOON BIRTHDAY DIGRAPH: LL GRAMMAR - POSITION WORDS USE OF HAS AND HAVE CREATIVE WRITING
DECEMBER	L - BUDDY'S DAY OUT BLENDS: CK, NG GRAMMAR - DESCRIBING WORDS CREATIVE WRITING

JANUARY	L - CARING HELPERS (POEM) VOWEL COMBINATION; A-E, I-E, O-E, U-E GRAMMAR - USE OF SIMPLE TENSE CREATIVE WRITING
FEBRUARY	REVISION - NAMING WORDS, PRONOUNS, ACTION WORDS, POSITION WORDS
MARCH	REVISION - DESCRIBING WORDS, USE OF SIMPLE TENSE AND MASTI KI PATHSHALA (BAGLESS DAYS)

SUBJECT: HINDI

TEXTBOOK: GUNCHA

MONTH	SYLLABUS
APRIL	वर्णमाला स्वर और व्यंजन की पुनरावृत्ति दो, तीन व चार वर्णों वाले शब्द
MAY	आ की मात्रा (परिचय)
JULY	आ की मात्रा (Contd.) पापा आए (अभ्यास कार्य) इ की मात्रा ((परिचय)
AUGUST	इ तथा ई की मात्रा दिन निकल आया (अभ्यास कार्य) इठलाती मछली (अभ्यास कार्य) आ से ई तक की मात्राओं का पुनरभ्यास कहानी की किताब (अभ्यास कार्य)
SEPTEMBER	उ तथा ऊ की मात्रा वाले शब्द तुलसी की चाय (अभ्यास कार्य) जूही का झूला (अभ्यास कार्य) उ तथा ऊ की मात्राओं का पुनराभ्यास
OCTOBER	ए तथा ऐ की मात्रा वन के भीतर मेला (अभ्यास कार्य) नैनी झील की सैर (अभ्यास कार्य) आ से ऐ तक की मात्राओं का पुनरभ्यास
NOVEMBER	ओ तथा औ की मात्रा होली आयी होली आयी (अभ्यास कार्य) लौकी का पौधा (अभ्यास कार्य)
DECEMBER	अं तथा अँ की मात्रा चंदनपुर का चिड़ियाघर (अभ्यास कार्य) चाँदनी चौक (अभ्यास कार्य)
JANUARY	स्वर गीत गिनती (१-१०) शब्द भंडार १ शब्द भंडार २
FEBRUARY	संयुक्त व्यंजन उल्टे अर्थ वाले शब्द वाक्य रचना (१,२,३)

	एक-अनेक अपठित पद्यांश : दिल्ली से आयी बिल्ली अपठित पद्यांश : चालाक बछड़ा
MARCH	बुनियादी अवधारणाओं की पुनरावृत्ति मस्ती की पाठशाला (बैग-रहित दिन)

SUBJECT: MATHEMATICS
BOOK: GEAR UP & TINKER MATHS

MONTH	SYLLABUS
APRIL	TINKER BUDS GEAR UP! REVISION OF KG CONCEPTS FROM GEAR UP BOOK NUMBERS FROM 0 - 9
MAY	CHAPTER-1 ADDITION
JULY	CHAPTER-2 SUBTRACTION CHAPTER-3 SHAPES
AUGUST	CHAPTER-4 NUMBERS 10-20
SEPTEMBER	CHAPTER-5 TIME (DAY AND NIGHT SONG)
OCTOBER	CHAPTER-6 MEASUREMENT CHAPTER-7 NUMBERS BEYOND 20
NOVEMBER	CHAPTER-7 NUMBERS BEYOND 20 (TO BE CONTINUED) CHAPTER-8 DATA HANDLING AND ORDINAL NUMBER
DECEMBER	CHAPTER-9 PATTERNS CHAPTER-10 SO MANY NUMBERS (NUMBERS 51-100)
JANUARY	CHAPTER-10 SO MANY NUMBERS (NUMBERS 51-100) (TO BE CONTINUED)
FEBRUARY	CHAPTER-11 MONEY
MARCH	REVISION

SUBJECT: GENERAL AWARENESS
BOOK: GEAR UP & TINKER BUDS

MONTH	SYLLABUS
APRIL	MYSELF FROM GEAR UP BOOK UNIT: 1 MY FAMILY AND HOUSE (DS)
MAY	UNIT: 1 MY FAMILY AND HOUSE (DS) (TO BE CONTINUED)
JULY	UNIT: 2 BODY PARTS, SENSE ORGANS (DS)
AUGUST	UNIT: 3 FOOD (PBL)
SEPTEMBER	UNIT: 4 PLANTS (ABL)
OCTOBER	UNIT: 5 ANIMALS (PBL)
NOVEMBER	UNIT: 6 SEASONS AND CLOTHES(DS)

DECEMBER	UNIT: 7 NEIGHBOURHOOD(DS)
JANUARY	UNIT: 8 PEOPLE WHO HELP US(ABL)
FEBRUARY	UNIT: 8 PEOPLE WHO HELP US(ABL) (TO BE CONTINUED)
MARCH	MASTI KI PATHSHALA BRIDGE THE GAP ACTIVITIES (BAGLESS DAYS)

***ABBREVIATIONS:**

DS (DETAILED STUDY): 05

ABL (ACTIVITY BASED LEARNING): 02

PBL (ACTIVITY BASED LEARNING): 01

SUBJECT: VALUE EDUCATION

BOOK: LIFE - AN ARADHANA

MONTH	SYLLABUS
APRIL	L-1 MANU SMILES AGAIN (DS) L-11 HANUMAN'S GIANT LEAP (ABL)
MAY	L-18 THE BLIND BEGGAR (DS) L-19 THE MAN WHO GREW A FOREST! (ABL)
JULY	L-3 THE SORTING GAME (DS) L-7 RAGHAV FINDS A FRIEND (DS)
AUGUST	L-2 ARUNA SAYS CHEESE (ABL) L-14 WE ARE FAMILY (DS)
SEPTEMBER	L-4 ROHAN'S JOURNEY (ABL) L-15 LATHA SITS TALL (DS)
OCTOBER	L-8 EAT A FOOD RAINBOW (ABL) L-20 THE DISAPPEARING DUSTBIN (DS)
NOVEMBER	L-9 A DAY AT THE BEACH (ABL) L-10 THE BODY GETS WORKING TOGETHER (DS) L-17 THE MISSING SCHOOL BOOK (DS)
DECEMBER	L-13 GRANNY AND YOGA (ABL) L-16 ALL FOR THE BEST! (DS)
JANUARY	L-6 I AM INDIA (ABL) L-12 THE SONG OF RESPECT (DS)
FEBRUARY	L-5 TOTU BRINGS IN HOLI (DS)
MARCH	MASTI KI PATHSHALA BRIDGE THE GAP ACTIVITIES (BAGLESS DAYS)

***ABBREVIATIONS:**

DS (DETAILED STUDY): 12

ABL (ACTIVITY BASED LEARNING): 08

SUBJECT: GENERAL KNOWLEDGE

BOOK: EXPLORE EACH DAY

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • WORLD HEALTH DAY (7TH APRIL) • PLANT APPRECIATION DAY (13TH APRIL) • EARTH DAY (22ND APRIL)

MAY	<ul style="list-style-type: none"> • WORLD CARTOONIST DAY (5TH MAY) • WORLD MUSIC DAY (21ST JUNE) • INTERNATIONAL YOGA DAY (21ST JUNE)
JULY	<ul style="list-style-type: none"> • WORLD DOCTOR'S DAY (1ST JULY) • WORLD TIGER DAY (29TH JULY)
AUGUST	<ul style="list-style-type: none"> • INDEPENDENCE DAY (15TH AUGUST) • NATIONAL SPORTS DAY (29TH AUGUST)
SEPTEMBER	<ul style="list-style-type: none"> • HINDI DIWAS (14TH SEPTEMBER) • WORLD TOURISM DAY (27TH SEPTEMBER)
OCTOBER	<ul style="list-style-type: none"> • WORLD ANIMAL DAY (4TH OCTOBER) • INTERNATIONAL FOOD DAY (16TH OCTOBER) • INTERNATIONAL DANCE DAY (29TH OCTOBER)
NOVEMBER	<ul style="list-style-type: none"> • CHILDREN'S DAY (14TH NOVEMBER)
DECEMBER	<ul style="list-style-type: none"> • NATIONAL FARMER'S DAY (23RD DECEMBER) • MERRY CHRISTMAS (25TH DECEMBER)
JANUARY	<ul style="list-style-type: none"> • NATIONAL TOURISM DAY (25TH JANUARY) • REPUBLIC DAY (26TH JANUARY)
FEBRUARY	<ul style="list-style-type: none"> • TELL A FAIRY TALE DAY (26TH FEBRUARY) • NATIONAL SCIENCE DAY (28TH FEBRUARY)
MARCH	<ul style="list-style-type: none"> • WORLD WATER DAY (22ND MARCH) • REVISION

SUBJECT: COMPUTER

MONTH	SYLLABUS
APRIL	WONDERS AND WORKING OF A COMPUTER
MAY	IPO DEVICES
JULY	THE KEYBOARD AND THE MOUSE
AUGUST	INTRODUCTION TO WORD 2019
SEPTEMBER	MORE ON PAINT
OCTOBER	HOW TO DRAW IN PAINT 3D
NOVEMBER	MORE ON SCRATCH JR
DECEMBER	ARTIFICIAL INTELLIGENCE AROUND US
JANUARY	REASONING AND ANALYSIS
FEBRUARY	REVISION OF BASIC CONCEPTS
MARCH	REVISION OF BASIC CONCEPTS AND MASTI KI PAATHSHALA (BAGLESS DAYS)

SUBJECT: ART

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • FREE HAND DRAWING-HAPPY NEW SESSION • EAR BUD PRINTING (MAT DESIGNING) • FREE HAND DRAWING-SUMMER SEASON
MAY	<ul style="list-style-type: none"> • MOTHER'S DAY CARD MAKING
JULY	<ul style="list-style-type: none"> • FREE HAND DRAWING-RAINY SEASON • POSTER MAKING (SAVE ENVIRONMENT) • THUMB PRINTING
AUGUST	<ul style="list-style-type: none"> • FREE HAND DRAWING-INDEPENDENCE DAY CELEBRATION • PATTERN MAKING
SEPTEMBER	<ul style="list-style-type: none"> • TEACHERS DAY CARD MAKING • RANGOLI MAKING • FREE HAND DRAWING-TEACHER'S DAY
OCTOBER	<ul style="list-style-type: none"> • FREE HAND DRAWING-DUSSEHRA • ORIGAMI SCENE DEPICTION • DIYA DECORATION • FREE HAND DRAWING-DIWALI
NOVEMBER	<ul style="list-style-type: none"> • FREE HAND DRAWING-CHILDREN'S DAY • PUPPET MAKING
DECEMBER	<ul style="list-style-type: none"> • FREE HAND DRAWING-CHRISTMAS • FREE HAND DRAWING-WINTER SEASON
JANUARY	<ul style="list-style-type: none"> • FREE HAND DRAWING-HAPPY NEW YEAR • FREE HAND DRAWING REPUBLIC DAY • DOODLING ART • DIFFERENT KINDS OF PRINTING USING POSTER COLOURS
FEBRUARY	<ul style="list-style-type: none"> • INCOMPLETE DRAWINGS AND ACTIVITIES WILL BE COMPLETED
MARCH	<ul style="list-style-type: none"> • MASTI KI PAATHSHALA (BAGLESS DAYS)

SUBJECT: DANCE

MONTH	SYLLABUS
APRIL	AEROBICS WITH NUMBERS WARM UP EXERCISES
MAY	MEDITATION AEROBICS WITH DANCE
JULY	FOLK DANCE

	(BHANGRA FROM PUNJAB)
AUGUST	INTRODUCING KATHAK BASIC STEPS(TATKAR)
SEPTEMBER	KATHAK DANCE STEPS WITH SMALL TUKRA
OCTOBER	DANCE STEPS ON VARIOUS COUNT TABLES
NOVEMBER	KATHAK DANCE STEPS WITH BASIC HAND MOVEMENTS, EYE MOVEMENTS AND DANCE TUKRA
DECEMBER	BALLET JAZZ DANCE ON CHRISTMAS CAROL
JANUARY	PATRIOTIC SEMI CLASSICAL DANCE ON MAITREEM BHAJATA
FEBRUARY	IMPROVISATION RECAPITULATION OF ALL THE DANCES LEARNED
MARCH	MASTI KI PAATHSHALA

SUBJECT: MUSIC

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • KARCHARAN KRITAM • OM TRIYAMBAKAMYAJAMAHE • SADASHIV SAMARAMBHAM • GANESH BHAJAN: GANAPATI GANAPATI (CLASS II) • GURU BHAJAN: OM GURU (CLASS I)
MAY	<ul style="list-style-type: none"> • OM GANANAAM • VAKRATUND MAHAKAYE • AJAM NIRVIKALPAM • GUNATEETMANAM CHIDANANDARUPAM • JAGAT KARANAM • MOTHER'S SONG (PYARI MUMMY)
JULY	<ul style="list-style-type: none"> • VASUDEV SUTAMDEVAM • MUKAM KAROTI VACHALAM • SHANTAKARAM BHUJAGSHAYANAM • LAXMI KANTAM • BEFORE MEAL PRAYER (CLASS I) • NEW SONG
AUGUST	<ul style="list-style-type: none"> • AKHANDA MANDALAKARAM • AGYANTIMI RANDHASYA • GURURBHARMA GURURVISHNU • STAVARAM JANGAMAM • PATRIOTIC SONG: YE DESH HUMARA
SEPTEMBER	<ul style="list-style-type: none"> • MUSIC GRADES WILL BE GIVEN TO THE STUDENTS BASED ON MUSIC SYLLABUS FOR TERM I • SANSKRIT BIRTHDAY SONG

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

OCTOBER	<ul style="list-style-type: none"> • SARASWATI NAMASTUBHYAM • YADEVI SARVBHUTESU • YAKUNDENDU TUSHAR • DIWALI SONG • GANDHI. JAYANTI (RAGHUPATI RAGHAV...)
NOVEMBER	<ul style="list-style-type: none"> • SOORYA SOMAAYE • BUDDHIR BALAM YASHO • शुभं करोति कल्याणम् • कराग्रे वसते लक्ष्मी मंत्र
DECEMBER	<ul style="list-style-type: none"> • SAMASTJAN KALYANE • SONG ON THEME: ROAD SAFETY
JANUARY	<ul style="list-style-type: none"> • KRISHNA ASHTAKAM • VASUDEV SUTAM DEVAM • ATSI PUSHP • VANDE MATRAM SONG
FEBRUARY	<ul style="list-style-type: none"> • MUSIC GRADES WILL BE GIVEN TO THE STUDENTS BASED ON MUSIC SYLLABUS FOR TERM II. • BEFORE GOINH HOME PRAYER(POORNAMADAH) • BASANT PANCHMI SONG
MARCH	<ul style="list-style-type: none"> • SARASWATI VANDANA • MASTI KI PATSHALA ACTIVITIES

SUBJECT: PHYSICAL EDUCATION

MONTH	SYLLABUS
APRIL	<p>FITNESS DEVELOPMENT, RUNNING & MOVEMENT</p> <ul style="list-style-type: none"> • DANCE AND AEROBICS • THROWING AND CATCHING OF BALL
MAY	<p>FITNESS DEVELOPMENT, RUNNING & MOVEMENT</p> <p>RUNNING, JUMPING AND HOPPING</p> <ul style="list-style-type: none"> • ANIMAL WALK RACE (FROG JUMP, DUCK WALK) • SIMPLE STRETCHING ACTIVITIES • SHORT STRAIGHT-LINE RACES • ZIG-ZAG RUN <p>SPOTLIGHT EVENT OF THE MONTH: CIRCUIT STATIONS</p>
JULY	<p>MIND & BODY AWARENESS</p> <ul style="list-style-type: none"> • STRETCH AND REACH • FREEZE AND FEEL <p>SPOTLIGHT EVENT OF THE MONTH: STRETCH DAY</p>

AUGUST	<p>AUGUST – BALANCE & COORDINATION</p> <ul style="list-style-type: none"> • BALANCING ACTIVITIES • ONE-LEG STAND GAME • BALL ROLLING RACE <p>SPOTLIGHT EVENT OF THE MONTH: CONE BALANCE ACTIVITY</p>
SEPTEMBER	<p>TEAM GAMES</p> <ul style="list-style-type: none"> • DODGE BALL • FIRE IN THE MOUNTAIN • DOG AND THE BONE • MINI SOCCER <p>SPOTLIGHT EVENT OF THE MONTH: TEAM SPIRITS DAY</p>
OCTOBER	<p>AGILITY AND SPEED</p> <ul style="list-style-type: none"> • WALKING ON DIFFERENT PATHWAYS AND SHAPES • LADDER DRILLS • DIFFERENT TYPES OF RACES <p>SPOTLIGHT EVENT OF THE MONTH: OBSTACLE COURSE CHALLENGE</p>
NOVEMBER	<p>WELLNESS & FLEXIBILITY</p> <ul style="list-style-type: none"> • RHYTHMIC STRETCHING WITH PARTNER <p>SPOTLIGHT EVENT OF THE MONTH: MIND FULLNESS DAY</p> <p>SPORTS DAY</p>
DECEMBER	<p>BALL SKILLS DEVELOPMENT</p> <ul style="list-style-type: none"> • BALL THROW AT TARGET • KICK THE BALL INTO GOAL • CATCH AND CLAP GAME • PASS THE BALL RELAY <p>SPOTLIGHT EVENT OF THE MONTH: BALL SKILL FESTIVAL</p>
JANUARY	<p>FUN & RECREATIONAL GAMES</p> <ul style="list-style-type: none"> • FOLLOW THE LEADER GAME • COLLECT THE CONE

	SPOTLIGHT EVENT OF THE MONTH: WINTER SPORTS FUN DAY
FEBRUARY	FITNESS TEST <ul style="list-style-type: none"> • SHORT RUN • STANDING JUMP • BALANCE TEST • SIMPLE STRETCHING CHECK
MARCH	MASTI KI PAATHSHALA

SUBJECT: YOGA

MONTH	SYLLABUS
APRIL	YOGIC WARM UP SUKSHMA VYAYAM <ul style="list-style-type: none"> • BUDDHI TATHA DHIRIT SHAKTI VIKASAKA KRIYA • MEDHA – SHAKTI VIKASAKA KRIYA • NETRA- SHAKTI VIKASAKA KRIYA • GRIVA – SHAKTI VIKASAKA KRIYA
MAY	YOGIC WARM UP VAJARASANA SUKHASANA UTTAN PADASANA
JULY	YOGIC WARM UP SIMHASANA (LOIN POSE) BHUJANGASANA BALASANA
AUGUST	YOGIC WARM UP PASCHIMOTTANASANA MARJARIASANA SETU BANDHASANA
SEPTEMBER	YOGIC WARM UP SURYA NAMASKAR
OCTOBER	YOGIC WARM UP PAWANMUKTASANA TRIKONASANA ADHO MUKHA SAVANASANA
NOVEMBER	YOGIC WARM UP DHANURASANA SINHASANA
DECEMBER	YOGIC WARM UP YOG MUDRA TADASANA PADMASANA
JANUARY	YOGIC WARM UP

SUBJECT TO CHANGE AS PER CBSE GUIDELINES

	ADHOMUKHASVANASANA ANULOM VILOM
FEBRUARY	YOGIC WARM UP SHAVASANA BHAMARI
MARCH	MASTI KI PATHSHAALA

SUBJECT: CHANTING
BOOK: ENCHANTING CHANTS

MONTH	SYLLABUS
APRIL	अध्याय 12 श्रीमद् भगवद्गीता श्लोक - 1 TO 3
MAY	अध्याय 12 श्रीमद् भगवद्गीता श्लोक – 3 TO 6
JULY	दैनिक प्रार्थना- कराग्रे वसते शुभं करोति
AUGUST	दैनिक प्रार्थना- करचरकृतम् सह नावतु सहनौ गुरुर्ब्रह्मा गुरुर्विष्णुः
SEPTEMBER	कृष्णाष्टकम् श्लोक 1 TO 4
OCTOBER	कृष्णाष्टकम् श्लोक 4 TO 8
NOVEMBER	चिन्मय आरति
DECEMBER	गणेश-स्तव
JANUARY	गणेश-स्तव
FEBRUARY	मुषिक-वाहन
MARCH	श्रीगुरु

SUBJECT: PROJECT CACA
WORKBOOK: MY FIRST SAFETY WORKBOOK

MONTH	SYLLABUS
APRIL	L-1 SAY HELLO L-2 SAME OR DIFFERENT
MAY	L-3 HELPING
JULY	L-4 CHEW CHEW CHEW L-5 BE A HYGIENE CHAMPION L-6 SANA IS GROWN UP NOW
AUGUST	L-7 LET US PLAY L-8 HOW DO YOU FEEL?

SEPTEMBER	L-9 BEDTIME STORIES L-10 PACK UP FOR THE HOLIDAYS
OCTOBER	L-11 SAFETY RULES L-12 TELLING YOUR LOVED ONES
NOVEMBER	L-13 ARPIT LEARNS TO RIDE HIS BICYCLE L- 14 SANA GOES TO THE ZOO
DECEMBER	L-15 A SURPRISE BIRTHDAY GIFT FOR MUMMY L-16 PICTURE STORIES
JANUARY	L-17 DO YOU KNOW A GARDENER? L-18 THE ANGRY BEE
FEBRUARY	REVISION
MARCH	MASTI KI PATHSHALA (BAGLESS DAYS)