



CHINMAYA VIDYALAYA, NEWDELHI
PREP CURRICULUM
SESSION 2026-27

GENERAL AWARENESS

General Awareness helps young learners understand the world around them through everyday experiences and observations.

MYSELF

- Naming of body parts, five senses and their functions.
- Speaking about health and hygiene.
- Discussion about personal hygiene, healthy eating habits and etiquettes.
- Self-help skills: washing hands, folding aprons, cleaning the table after meal.
- Speaking about feelings and being aware of different emotions.
- Understanding and speaking about likes and dislikes.
- Discussion about personal hygiene and good habits.

Interactive Activities: Feelings and expressions, My Family Tree, When is your Birthday, My Favourite Things Collage, Show and Tell, Emotion Faces Activity, My Body Parts Game, Guess Who Game, My Name Recognition Activity, My Handprint Identity Art, My Likes and Dislikes Sorting Activity

SEASON

- Talk on feelings and emotions of different seasons.
- Exploring different features of the seasons.
- Speaking about likes and dislikes of food of self and others in the seasons.
- Sharing about fun activities done by the family during summers season.
- Discussion about seasons – characteristics, like and dislikes.
- Free conversation centering around Winter, Spring, Summer and Rainy Season.
- Free conversation centering around days of the week, months and seasons.
- General discussion on the daily weather.
- Discussion on the importance of different seasons.
- Relating seasons with festivals.
- Discussion on celebrating festivals with family.

Interactive Activities: Season Dress-Up Activity, Weather Chart Making, Summer Collage (Ice cream, sun, cap), Rainy Season Craft (Umbrella & Clouds), Winter Season Art (Snowman, woollen clothes), Sorting Clothes by Season, Show and Tell (My Favourite Season), Cotton Dabbing (Clouds/Snow), Water Play Activity (Summer Fun), Nature Walk (Observe Seasonal Changes)

PLANTS

- Free conversation centering around parts of plants, needs of plants and types of plants.
- Speaking about how plants help us and what we get from plants.
- Free conversation centering around meal times, different kinds of food.
- Name of fruits and vegetables.
- Speaking about healthy food and unhealthy food.
- Speaking about where does food comes from.
- Vocabulary related to food.
- Speaking about plants around us.
- Discussion about caring for plants.
- Stories related to plants.
- Knowing the Artist – Van Gogh
- Drawing flowers of choice.
- Speaking about likes and dislikes of food of self and others.
- Sharing and eating during meal times.
- Exploring the various kinds of plants in the school campus.
- Differentiating between weak and strong plants.
- Naming common flowers.
- Exploring the size, shape, colors and texture of different fruits and vegetables
- Exploring the different tastes.
- Exploring and observing seeds in fruits and vegetables.

Interactive Activities: Leaf Printing, Vegetable Printing (using ladyfinger, potato, etc.), Parts of a Plant Craft, Colouring (Plants & Flowers), Bud Painting, Finger Printing (Flowers & Trees), Plant a Seed Activity, Watering Plants Activity, Nature Walk (Collect Leaves), Sorting Leaves (Big/Small, Shapes), Clay Modelling (Flowers & Trees), Garden Visit, Match the Plant Parts Game

ANIMALS

- Free conversation centering around farm animals, wild animals, water animals, birds and insects.
- Speaking about how animals help us and what we get from them.
- Speaking about animal homes and their babies.
- Speaking about what animals eat.
- Speaking about likes and dislikes of animals.
- Discussion about caring for pets.
- Stories related to animals.
- Knowing the artist - MF Hussain.
- Drawing animals of choice.
- Observing different animals in the surrounding.
- Exploring the different kinds of birds and insects in their neighborhood.

Interactive Activities: Animal Mask Making, Animal Sounds Game, Animal Walk Imitation (hop like a rabbit, crawl like a snake), Show and Tell (My Favourite Animal), Clay Modelling (Animals), Paper Plate Animal Craft, Sorting Animals (Wild / Domestic / Water Animals), Match the Animal to Its Home Game, Finger Printing (Animals), Visit to Zoo, Puppet Show (Animal Characters), Guess the Animal Game

HELPERS

- Free conversation centering around neighborhood and community helpers.
- Discussion on the importance of community helpers.
- Knowing and appreciating those who help us to make our lives comfortable.
- Exploring the tools of different helpers.

Interactive Activities: Colouring (Community Helpers) ,Show and Tell (My Favourite Helper),Match the Helper with Their Tools Game ,Puppet Show (Community Helpers) ,Visit by a Community Helper (Guest Interaction) ,Tool Activity (Identify and Name Tools) , Clay Modelling (Helpers & Their Tools) ,Paper Craft (Fire Engine, Doctor Kit) ,Sorting Game (Helper and Workplace) ,Story Time (Helpers Around Us) ,Thank You Card Making for Helpers ,Guess the Helper Game

TRANSPORT

- Free conversation centering around different means of transport on land, water and air.
- Discussion on importance of different means of transport and their use in our life.
- Knowing and appreciating how different people travel.
- Exploring number, size and type of wheels of different vehicles.

Interactive Activities: Wheel Printing Activity, Make Your Own Vehicle Craft (using waste material), Stop and Go Game (Traffic Rules), Transport Puzzle Game, Sound Activity (Identify vehicle sounds),My Dream Vehicle Drawing , Visit to Parking Area,

IN THE SKY

- Free conversation around things in the sky.
- Knowing and appreciating the importance of day & night.
- Exploring features of the sky.

Interactive Activities: Cloud Cotton Dabbing Activity Sun Paper Plate Craft, Moon and Stars Colouring, Kite Making Activity , Finger Printing (Stars & Sky) ,Day and Night Sorting Game, Rainbow Craft (Paper / Cotton) ,Weather Observation Activity ,Balloon Play (Fly High Concept)

NUMERACY SKILLS

Numeracy skills help young learners understand numbers and develop basic mathematical concepts in a fun and engaging way.

- **Pre-number concept:** big/small, inside/outside, empty/full, tall/ short, top/bottom, thick and thin, fast/slow, near/far, high/low, heavy/light, sink/float.
- Number recognition, number sense and writing of numbers **1-100**.
- **Shapes:** Circle, triangle, square and rectangle, star, cube, cone, cuboid.
- Before, after, greater than, less than & equal to numbers .
- Comparing Numbers.
- Forward & backward counting of numbers **1-20**.
- Greater, lesser and equal numbers.
- In between numbers .
- Writing numbers **1-100** in sequence.
- Associating quantity with numbers.
- Building problem solving skills.
- Simple picture **addition** vertical and horizontal addition of single digit numbers.
- Simple picture **subtraction**.
- Vertical subtraction .

Interactive Activities: Days of the Week Song, Sorting and Counting, Dice Game, Weather Chart

LITERACY SKILLS

ENGLISH

English literacy helps young learners develop basic language skills through listening, speaking, reading, and writing activities.

Listening

- Building attention span and listening comprehension through stories and rhymes based on the theme.

Speaking

- Show and Tell activities
- Vocabulary related to letters
- Vocabulary related to diagraph sounds
- Reciting rhymes rhythmically
- Role Play Activities
- Circle Time and Discussions
- Performing actions in rhymes
- Reflection Time

Reading

- Matching same words
- Identifying letters in words
- Reading words by recognizing the first letter
- Picture reading and matching with the first letter sound
- Matching pictures with the letter of the beginning sound
- Matching pictures with the same beginning sound
- Sentences with 'this' and 'that'
- Reading simple rhyming words
- Reading words by joining letters
- Reading simple sentences
- Reading from 'Sapling Reader' twice a month
- Reading simple words and drawing
- Reading comprehension
- Introduction of two letter words
- Reading sentences using diagraph sound words
- Reading & identifying rhyming words by picture reading

Writing

- Freehand drawing
- Writing letters (Capital & Small)
- Introduction of two letter words
- Writing sentences using diagraph sound words
- Writing words and sentences
- Read and write

Sight Words

- Recognizing sight words such as at, in, on, no, me, do, it, and, in, the, I, we, you, like, put, but, she, he, him, her, his, this, that, etc.

Stories and Rhymes

- Listening and reciting rhymes
- Enacting stories

Interactive Activities: Role play, Podium Activity, Letter Detective, Read and Shine, Puppet Show, Story Spark, Spin the Wheel, Riddles, Flash Card Activity, Phonic Sound, Treasure Hunt

HINDI

Hindi language helps in developing listening, speaking, and early reading–writing abilities through simple words, rhymes, stories, and interactive activities, enabling learners to communicate effectively and build a strong foundation in the language.

व्यंजन (क – श)

- व्यंजनों की पहचान एवं लेखन
- व्यंजनों के उच्चारण का ज्ञान
- शब्दावली का विकास
- व्यंजनों से संबंधित कविताएँ और कहानियाँ

दो अक्षर एवं तीन अक्षर वाले शब्दों के पठन और लेखन का परिचय

स्वर (अ से अः) का पुनरावर्तन

- स्वरों की पहचान एवं लेखन
- स्वरों से संबंधित कविताएँ
- स्वरों से संबंधित कहानियाँ

Interactive Activities: Sand Writing, Hindi Diwas Celebrations, Picture Reading, Sorting Activity, Treasure Hunt, Letter Detective, Vyanjan Bingo, Flashcard Reading, Rhymes Recitation, Blackboard Practice .

ASSEMBLIES

Assembly young learners build confidence, discipline, and values through simple prayers, rhymes, and group participation in a joyful and engaging environment

SPECIAL ASSEMBLIES

- Baisakhi Celebrations
- Earth Day
- International Tiger Day
- Independence Day
- Diwali Celebrations

REGULAR ASSEMBLIES

- All About Me
- Personal Hygiene
- Food
- Healthy me, Happy me
- The magic of words
- My country, my pride
- Eco warriors
- Animals and Birds
- Season
- Joy of giving
- Transport
- People who help us
- Air around us

BALVIHAR ACTIVITIES like.....

Myself & Good Habits

- Mirror Talk (I am special)
- Good Manners Role Play
- Cleanliness Activity

Love for Family

- My Family Drawing
- Thank You Card for Parents
- Helping at Home Activity

Nature & God's Creation

- Nature Walk
- Leaf Collection & Collage
- “God made everything” story

Values (Respect & Sharing)

- Sharing Circle Activity
- Respect Elders Role Play
- Raksha Bandhan Celebration

Festivals & Culture

- Janmashtami Celebration (Krishna dress-up)
- Ganesh Chaturthi Craft
- Bhajan Singing

Gratitude & Giving

- Thank You God Activity
- Donation Drive (sharing toys/books)
- Diwali Value-Based Celebration

KARADI TALES

- Action Path
- Music Path
- Story Path
- Reading Path

CACA ACTIVITY

PHYSICAL ACTIVITIES

Encouraging physical fitness, teamwork and discipline

Gross Motor Activities

- Running, hopping, skipping, jumping
- Sports games
- Pattern walks
- Outdoor free play
- Zumba
- Aerobics
- Drill
- Free style dance
- Balancing games

Fine Motor Activities

- Clay moulding
- Hand printing
- Cotton bud painting
- Salt painting
- Threading beads
- Paper tearing and pasting
- Building blocks
- Colouring and Painting
- Scribbling
- Tip, cotton bud, sponge and vegetable printing

Games and Sports

- Outdoor Games
- Indoor games-Blocks

Yoga and Meditation

- Meditation
- Breathing exercises
- Simple yoga poses

Related Activities: Assemblies, Parachute Play, Run O Mania, Cross the Hoopla, Caterpillar, Paper Collage Activity, Hand and feet Hopscotch, National Yoga Day, Yoga, Swings

MONTHWISE SYLLABUS BREAKUP
DANCE
CLASS-PREP (2026-27)

Month	Topics Covered
APRIL	Aerobics Zumba Punjabi Dance on Baisakhi song "Peepa"
MAY	Folk Dance "Peepa"
JULY	Guru Vandana
AUGUST	Patriotic Dance "Jai Ho"
SEPTEMBER	Dance on song "Jungle jungle baat chali hai"
OCTOBER	Dance of devotional song "Vaishnava Janato"
NOVEMBER	Diwali song "Diwali Aai"
DECEMBER	Dance on Christmas Song "Jingle bells"
JANUARY	Dance on the theme of Brotherhood "Bhai tu meri jaan hai"
FEBRUARY	Free Style Dance "Lakdi ki kathi"

**MONTHWISE SYLLABUS BREAKUP
WESTERN MUSIC
CLASS-PREP (2026-27)**

Month	Topics Covered
APRIL	“If You’re Happy and You Know It”, Welcome Song
MAY	Clapping Exercise “Head, Shoulders, Knees and Toes”
JULY	“Old MacDonald Had a Farm”, “Flag Song”
AUGUST	Patriotic song Krishna Song
SEPTEMBER	“London Bridge Is Falling Down” “Introduction of Instruments”
OCTOBER	“Five Little Pumpkins”,
NOVEMBER	“Do-Re-Mi”, “Diwali Song”
DECEMBER	“Jingle Bells”, “Joy to the world”
JANUARY	“Hush Little Baby”, “India Flag Song”
FEBRUARY	“Baby Shark”, “If You’re Happy and You Know It”
MARCH	Mixed songs from syllabus

**MONTHWISE SYLLABUS BREAKUP
PHYSICAL EDUCATION
CLASS-PREP (2026-27)**

Month	Topics Covered
APRIL	Waking on the different Pathways, Shapes Warm-Up and Cool Down
MAY	Waking on the different Pathways, Shapes Warm-Up and Cool Down
JULY	Running and Jumping Warm-Up and Cool Down
AUGUST	Body Awareness, Balancing Warm-Up and Cool Down
SEPTEMBER	Throwing and Catching Warm-Up and Cool Down
OCTOBER	Different types of Animal Walk Warm-Up and Cool Down
NOVEMBER	Twisting Warm-Up and Cool Down
DECEMBER	Rolling at the Targets Warm-Up and Cool Down
JANUARY	Different types of Relay race Warm-Up and Cool Down
FEBRUARY	Introduction of Attention and Stand at ease Warm-Up and Cool Down
MARCH	Masti ki Paathshala Revision of second term

MONTHWISE SYLLABUS BREAKUP
YOGA
CLASS-PREP (2026-27)

Month	Topics covered
APRIL	Yogic warm up Tadasana
MAY	Yogic warm up Ardh-vrikshasana
JULY	Yogic warm up Baddha Konasana Deep Breathing(Inhale –Exhale)
AUGUST	Yogic warm up Marjariasana Balloon Breathing
SEPTEMBER	Yogic warm up Balasana
OCTOBER	Yogic warm up Bhujangasana
NOVEMBER	Yogic warm up Vajrasana
DECEMBER	Yogic warm up Parvatasana
JANUARY	Yogic warm up Paschimottansana
FEBRUARY	Yogic warm up Mandukasana
MARCH	Yogic warm up Trikonasana